

ST3 Trainees – East Region Teaching Programme – February 25 – August 25

IMPORTANT: Trainees should book onto teaching sessions via the Turas Learn website <https://learn.nes.nhs.scot>

Week	Date & Time	Learning Activity	Facilitators	Venue
(26)	Tues 4/2/25 9.30 – 12.30	Undergraduate Teaching An introduction to teaching in General Practice	Dr James McMillan	DDEC Almond Room
1				
2				
3	Tues 25/2/25	<i>Induction – Only for trainees starting ST3 in February 2025 Further details will be emailed separately to relevant trainees</i>		
	Tues 25/2/25 14.00 - 16.00	Sustainability Virtual Update	(National Course)	Microsoft Teams
4	Tues 4/3/25 9.30 – 12.15	Facilitated small group session 6	Group dependent	Group dependent
5	Tues 11/3/25 9.30 – 12.15	PBSGL 6	Trainees	Microsoft Teams
6	Tues 18/3/25 9.30 – 11.30	Maintaining your wellbeing	Geoff Williams and Patrick Sullivan	DDEC Almond Room
7	Tues 25/3/25 9.00 – 16.30	Preparing for work after GP training 9.00 – 12.30 – GP Careers Session 13.30 – 16.00 – GP Appraisals, Representing and supporting GP, financial issues	Dr Terry Johnston Dr Andrew Thomson Dr Cameron Munro	DDEC Almond Room
8	Tues 1/4/25 9.30 – 12.15	Facilitated small group session 7	Group dependent	Group dependent
9	Tues 8/4/25 9.30 – 12.15	PBSGL 7	Trainees	Microsoft Teams

 = Mandatory Learning activities

 = Advisable learning activities

Week	Date & Time	Learning Activity	Facilitators	Venue
10				
11	Tues 22/4/25 9.30 – 12.15	Group A – Facilitated small group session 8 Groups B, C, D – PBSGL 8	Group dependent	Group dependent
12	Tues 29/4/25 9.30 – 12.15	Group A – PBSGL 8 Groups B, C, D – Facilitated small group session 8	Group dependent	Group dependent
13				
14	Tues 13/5/25 9.30 – 12.15	Facilitated small group session 9	Group dependent	Group dependent
15	Tues 20/5/25 9.30 – 13.00	Palliative Care	Dr Ruth Isherwood	Cornhill Macmillan Centre, Perth
	Wed 21/5/25 9.00 – 16.00	Dermatology	Dr Andrew Affleck	Dermatology seminar room, Ninewells Hospital, Dundee
16	Thurs 29/5/25 9.30 – 16.30	Advanced Ethics	Dr Peter Dorward, Dr John Dunn	NES Westport, Edinburgh
17	Tues 3/6/25 9.30 – 12.15	PBSGL 9	Trainees	Microsoft Teams
18	Tues 10/6/25 9.30 – 12.15	Facilitated small group session 10	Group dependent	Group dependent
	Thurs 12/6/25 9.30 – 13.00	Lifestyle Medicine	Dr Suzy Scarlett, Dr Callum Leese	NES Westport, Edinburgh
19				
20	Tues 24/6/25 9.30 – 12.15	PBSGL 10	Trainees	Microsoft Teams
21	Onwards	No further scheduled teaching		

 = Mandatory Learning activities

 = Advisable learning activities

MANDATORY LEARNING ACTIVITIES

Facilitated small group sessions (local teaching)

For these sessions, trainees in the East of Scotland region are divided into four groups according to their training practice location. Lists of group members will be emailed to ST3 trainees, along with further details of group facilitators and meeting locations.

Practice Based Small Group Learning (PBSGL)

Trainees will meet up with PBSGL groups in the same small groups that they attend with their facilitators.

During these sessions, trainees will discuss PBSGL modules. Trainee facilitators will need to access facilitator training via the PBSGL team.

PBSGL sessions will be over Microsoft Teams, unless trainees prefer to meet in person and are able to arrange a suitable venue to do so.

Advised time 2-3 hours with a designated break. More information about PBSGL is available at: <https://www.cpdconnect.nhs.scot/pbsgl/>

DDEC Venue = Dundee Dental Education Centre

Frankland Building, Smalls Wynd, Dundee, DD1 4HN.

Map: <https://maps.app.goo.gl/EJ2NG5s8xaoGLXiC7>

ADVISABLE LEARNING ACTIVITIES

Attendance at these sessions is advisable. Trainees should discuss with their Educational Supervisor regarding which sessions they plan to attend. Further information regarding these sessions is available on Turas Learn.

The following sessions are advisable:

Undergraduate teaching. Turas link: <https://learn.nes.nhs.scot/69719>

Sustainability virtual update. Turas link: <https://learn.nes.nhs.scot/64065>

Maintaining your wellbeing. Turas link: <https://learn.nes.nhs.scot/73139>

Preparing for work post CCT. Turas: <https://learn.nes.nhs.scot/72982>

Palliative care. Turas link: <https://learn.nes.nhs.scot/73398>

Dermatology. Turas link: <https://learn.nes.nhs.scot/72984>

Advanced Ethics. Turas link: <https://learn.nes.nhs.scot/68867>

Lifestyle medicine. Turas link: <https://learn.nes.nhs.scot/68640>

QI Leadership – These national courses are advertised separately
Turas link: <https://learn.nes.nhs.scot/75061>

Please note that some sessions are repeated (e.g. sustainability virtual update). We would ask that you only attend these sessions on one occasion over the course of your GP training.

Additional Learning Activities

There are a range of additional learning activities available out with the regional teaching programme. Further details of the available resources can be found at: <http://bit.ly/EastGP>