

The Development & Wellbeing Service

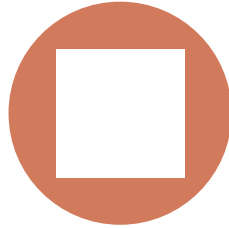
Greg Jones

Lead Dean Director
PSDS

The Development & Wellbeing Service



ONE STOP
SUPPORT



LOW STIGMA



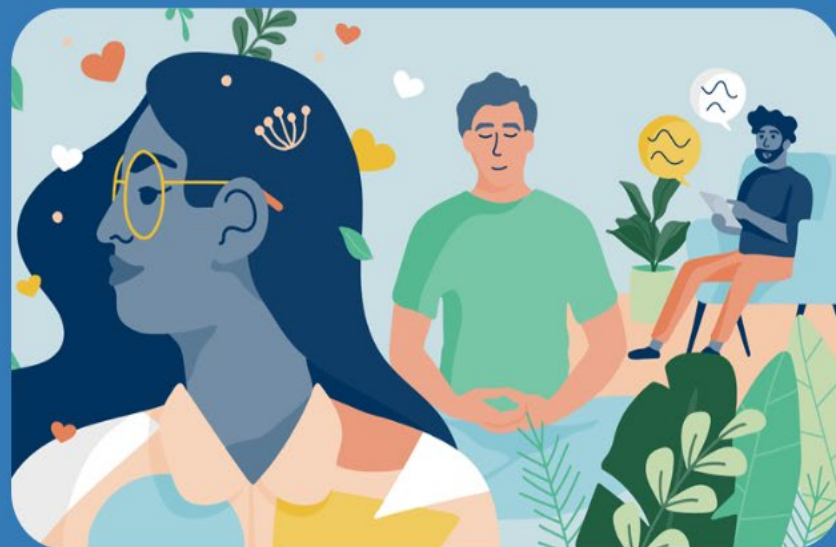
FLEXIBLE USE OF
DIVERSE TEAM



ACROSS ALL
REGIONS

The Development and Wellbeing Service

The Development and Wellbeing Service is here to support all resident doctors in training. Whether it's exams, career advice, work adjustments, wellbeing, ARCP guidance, or more, we offer confidential, non-judgmental support. Reach out using the 'contact us' tiles below.





Meet with Trainee
Support Coach
who is 'neutral'

Confidential
unless safety
issues

Agreed report
shared

Mentoring, advice
and advocacy

Help navigating
NES, employer,
GMC process

Signpost to other
resources



Make decisions
about
competency

Manage
training needs

Diagnose

Treat mental
health

Manage
complaints/
safety concerns

Decide if fit for
work

What to expect from TDWS?

- ▶ Once received contact form you will be contacted by a member of our team within 3 working days.
- ▶ You may be signposted to appropriate resources or offered an appointment to discuss your situation further.
- ▶ This may be with our Wellbeing and Support Manager or an Associate Postgraduate Dean.
- ▶ If a one-on-one support meeting with a TDWS APGD should take place within 1 month, with at least 1 weeks' notice to allow planning around clinical activities.

What does TDWS offer?

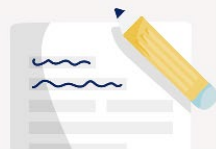
- ▶ Support or signposting to resources for mental health and neurodivergent conditions.
- ▶ Exam support.
- ▶ Navigate returning to work after a significant absence.
- ▶ Psychological support for workplace or exam related anxiety.
- ▶ Coaching and needs assessments for neurodiverse conditions and dyslexia screening and/or assessment.
- ▶ We are not able to offer diagnostic assessment for ADHD or autism.

TDWS User Experiences





[What can I expect?](#)



[Contact us - Resident Doctor's Form](#)



[Contact us - Trainer form](#)



[Working less than full time](#)



[Exam support](#)



[Wellbeing & health](#)



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[Sexual misconduct resources](#)



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Contact us - Resident Doctor's Form



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Resident Doctor's Form

Want to get in touch? Fill out the form below to send me a message and we will get back to you as soon as possible!

Trainee name (Required)

Trainee email (Required)

Trainee GMC Number (Required)

Reason for contact (Required): Please select

Message (Required):

☐ I'm not a robot



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This page was last updated on: 07.01.2026 at 12.03

Thanks

