

Applying for an Inter-regional transfer under Criterion 1 – quick guide

What is IRT?

IRT (inter-regional transfer) is a process that allows Resident Doctors in Training (RDITs) to request that their future training takes place in a different part of Scotland. The following are exceptions to following this process:

- If you are in a national training programme this should be discussed with your training programme director (TPD) rather than using the formal IRT application process.
- If your training is delivered across two programmes – perhaps one West of Scotland and the other South-East, East & North, and the area you want to transfer to is within your current programme (such as a move from Aberdeen to Edinburgh in a South-East/East/North programme) this should also be discussed directly with your TPD.
- Foundation doctors should refer to the [Foundation Transfer Process](#) rather than applying for an IRT.

All other RDITs should apply using the national IRT process, more detailed information on this can be found in the full Resident Doctor guide.

What if I want to transfer to another part of the UK?

Then you should follow the Inter-Deanery Transfer (IDT) process. Further information can be found [here](#).

How do I know if I'm eligible to apply for an IRT?

I am a dental trainee, can I apply?	No, you should contact your dental Deputy Postgraduate Dean to discuss the matter further
I am a LAT, can I apply?	No, those in LAT posts are not eligible for an IRT due to the fixed term nature of the appointment.
I am in the first twelve months of training since I joined the training programme, can I apply?	Yes, but only those with very exceptional reasons for their request will be considered. Transfers will not normally be accommodated in the first twelve months of your training programme.
I'm in my final year of training, can I apply?	No, you must have at least 12 months left of your training programme at the point at which you would transfer.
I received an ARCP outcome 2 or 3, can I apply?	Yes, however you will need a letter of support from your Postgraduate Dean or nominated deputy.
I don't have an ARCP outcome yet, can I apply?	Yes, although as noted above transfers will not normally be accommodated in the first twelve months of your training programme. If you have no ARCP outcome form you will need a letter of support from your Postgraduate Dean or nominated deputy
I haven't had a change in circumstances, can I apply?	Yes, all RDITs can apply for a transfer for any reason under criterion 5. If you have had a change in circumstances, you should look at the full Resident Doctor guide to decide if application under criteria 1-4 would be appropriate.

In addition to the above RDITs are also required to confirm they have no unresolved “cause for concern” at the time of application. Any unresolved “cause for concern” may result in an application not being eligible for the IRT process. RDITs must have the correct immigration status to be eligible to transfer.

I have read the Resident Doctor guide and wish to apply under criterion 1, what do I need to do?

If you are applying under criterion 1 – a change of circumstances related to your own disability (1A) or mental health (1B) you will need to submit the following:

1. An IRT application form, which should clearly detail the change in circumstance you have experienced with a timeline.
2. A completed copy of the regional document
3. A copy of your most recent ARCP outcome form, and/ or letter of support from your Postgraduate Dean
4. A completed copy of supporting document A, which will also require an appropriate individual, such as a GP or occupational health physician, to complete certain information. This includes:
 - confirmation that you have a [disability according to the Equality Act 2010](#)
 - description of the nature of the ongoing treatment and frequency of the follow up required.
 - state why the reasonable adjustment of a transfer needs to be made and how a move would support you in your change of circumstances.

Why do you need someone to complete the supporting document with this information about me?

IRT applications are considered against a prioritisation framework. This aims to ensure that those with the greatest need have the best chance of obtaining their requested transfer. Given the potential benefit those applying under criterion 1 may have it is important that applications are evidence based so that the Deanery can make accurate & fair decisions.

What if I don't want to disclose the evidence required in supporting document A to apply under criterion 1?

Although we would always encourage you to provide us with as much information and evidence as possible to maximise your chances of obtaining an IRT, we recognise this is an individual choice so if you would prefer not to disclose some of the personal information required to apply under criterion 1, please consider an application under criterion 5.

What happens after I submit my application?

The flowchart at the end of the document gives an overview of how your application will progress. Full details can also be found in the Resident Doctor guide.

Is there anything else I need to know?

You should be aware that the Deanery can only facilitate an IRT if there is a vacancy in the region & programme you are applying to transfer to. For this reason, it is often the case that the Deanery can not facilitate a transfer even if your application is supported so you should prepare yourself for that outcome. Because of the timing of vacancies going to the national recruitment system it might be that you have an opportunity to apply though this for a post in your preferred region when it was not possible to facilitate an IRT.

You should not approach anyone in the region you wish to transfer to and discuss your application or intention to apply. This is to avoid unsanctioned arrangements being made which would be unfair to other applicants. The Deanery is committed to running a fair, equitable and transparent process that supports RDITs according to their level of need. If you do approach the region you wish to transfer to, and this is discovered by the Deanery, it may result in your IRT application being terminated.

Is there any support available to me?

If you have technical or process questions relating to the IRT process, please email irt@nes.scot.nhs.uk and our administrative team will be happy to assist you. Please note that the team are not able to offer advice about which criteria you should apply under, that must be your own decision.

If you wish to discuss your IRT request, your reasons for wanting to transfer, any challenges you may be experiencing or what adjustments might be needed if your transfer request is not successful your Educational Supervisor or TPD will be happy to meet with you and have a discussion. They may highlight other services or mechanisms of support that you might find useful.

You may also wish to consider contacting The Development & Wellbeing Service run by the Deanery. The service can offer support to all RDITs on a range of matters including careers advice, working less than full time, wellbeing & exam support. The Associate Postgraduate Deans who work within this service are separate to those directly linked with your training programme. Full details of the service and how to make contact can be found on our [website](#).

OVERVIEW OF PROCESS

