

Paediatric Updates for Paediatricians

5th – 6th Feb 2026



Royal London
Paediatric Courses



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5th – 6th Feb 2026

LIVE ONLINE WEBINAR



zoom

Course Fees

Day 1	£150
Day 2	£150
Both Days	£250

This Course is delivered by Paediatric
consultants from:

The Royal London Hospital

**33 individual talks
across two days!**

Program is Suitable for:

- Consultant Paediatricians
- Paediatric Trainees
- Advanced Nurse practitioners
- GPs/GPST trainee's

33 of the most common presentations to
children's outpatient department covered.

Unlimited access the webinar recording and
downloadable PDFs for 1 year.

Each lecture is live followed by
5 minutes of Q&As.

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Day 1 - Thursday 5th February 2026 - Zoom Webinar Schedule

8.50 am – 9.00 am – Registration & Welcome

9.00 am – 10.00 am

Gastroenterology - Dr S Naik & Miss Patel

- 1) Constipation – Secondary Care Management
- 2) GORD – Secondary Care Management
- 3) IBS and FODMAP Diet

10.00 am – 11.00 am

Challenging Paediatric Presentations-Dr Boutros and Dr Armstrong

- 4) CSA - Role of General Paediatrician
- 5) Factitious illness - Management

11.00 am – 11.20 am – Tea / Coffee Break

11.20 am – 12.20 pm

Allergy – Dr Antony Aston

- 6) Milk madness
- 7) Is this Allergy? Patient Journey and Resuscitation Guidelines

12.20 pm – 1.20 pm

CVS - Dr Cheentan Singh

- 8) Common ECGs in Paediatrics
- 9) Hypertension – Investigation & Management

Every Lecture will include 5 minutes of Questions & Answers

1.20 pm – 1.50 pm – Lunch Break

1.50 pm – 3.00 pm

Childhood Obesity & Complications – Dr Peh, Dr Gevers & Dr Davison

- 10) Obesity – New Meds & Bariatric Surgery
- 11) Type 2 Diabetes – Diagnosis and Management
- 12) Dyslipidaemia – Diagnosis and Management

3.00 pm – 3.50 pm

Paediatric Hematology – Dr Kaya

- 13) Abnormal Platelet Counts - Management
- 14) Neutropenia - Causes and Management

3.50 pm – 4.10 pm – Tea / Coffee Break

4.10 pm – 5.10 pm

Common Paediatric Presentations – Dr Whitehouse & Dr Minson

- 15) Asthma Update
- 16) Lung function interpretation
- 17) Raised Creatinine Management

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Both Days

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Day 2 – Friday 6th February 2026 - Zoom Webinar Schedule

8.50 am – 9.00 am – Registration & Welcome

9.00 am – 10.00 am

Paediatric Nephrology – Dr Minson

- 1) UTI Updates
- 2) Hematuria – IgA Vasculitis Update
- 3) Proteinuria – Nephrotic Syndrome Update

10.00 am – 11.00 am

Paediatric Neurology – Dr Bali

- 4) Common Non Epileptiform Movement Disorders
- 5) First fit, Epilepsy Diagnosis & initial Management

11.00 am – 11.20 am – Tea / Coffee Break

11.20 am – 12.20 m

Challenging Paediatric Presentations 2 – Prof Prendergast & Dr Morrissey

- 6) PUO - Kawasaki/HLH update
- 7) Fever in returning travellers TB/Malaria/Typhoid update

12.20 pm – 12.50 pm

Child Psychology – Dr Blakeley

- 8) Common referrals including ARFID

12.50 pm – 1.20 pm – Lunch Break

Every Lecture will include 5 minutes of Questions & Answers

1.20 pm – 2.10 pm

Paediatric Endocrinology - Dr Howarth and Dr Shah

- 9) Precocious Puberty - Management
- 10) Short stature - Management

2.10 pm – 3.10 pm

Paediatric Rheumatology / Dermatology – Dr Eleftheriou

- 11) Common MSK presentations in Paediatrics
- 12) Interpretation of Blood Tests in Rheumatology
- 13) Dermatological manifestations of systemic disease

3.10 pm – 3.30 pm – Tea / Coffee Break

3.30 pm – 4.10 pm

Paediatric surgery – Ms Ashwini Joshi

- 14) Common Paediatric Surgical Referrals

4.10 pm – 5.10 pm

Paediatric Hepatology & Abdominal Presentations - Dr S Naik

- 15) Abnormal LFTs - Interpretation
- 16) Chronic Recurrent Abdominal Pain

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