**Unsuccessful Exam Attempt: Checklist for Review Meeting**

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| **Knowledge** |  |
| Is the trainee aware of the curriculum? |  |
| Is there any formal feedback from the exam itself? Has this been explored? |  |
| Has trainee attended mock exam, used example exam or past papers as available? |  |
| Are there any exam specific resources or courses suitable? Have these been used? |  |
| Is the trainee getting to recommended teaching? |  |
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| **Health** |  |
| Are there health issues/learning challenges impacting exam or preparation? |  |
| Was there disabling anxiety during examination? |  |
| Has the trainee been diagnosed with dyslexia or are there any concerns about underlying dyslexia?\* |  |
| Are there any other events outwith work impacting ability to prepare? |  |
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| **Study** |  |
| Did the trainee have a written study plan? |  |
| Were they taking regular breaks during study?  Did they have identified ways to switch off and relax outside of work and study? | [5 Steps to Wellbeing Animation](https://www.youtube.com/watch?v=x6bz_ekkrYA) |
| Has trainee identified own study style? |  |
| Are they studying in a suitable environment? |  |
| Do they have a non- work outside interest/ stress reduction strategy? |  |
| Was personal study leave used in lead up to exam? |  |
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| **Agreed Action** |  |
| What changes in relation to above areas need to be addressed/altered? |  |
| When is a realistic timeframe to sit exam again? |  |