



ST1 Trainees in GP posts – East Region Teaching Programme – February 25 – August 25


IMPORTANT: Trainees should book onto teaching sessions via the Turas Learn website <https://learn.nes.nhs.scot>


Week	Date & Time	Learning Activity	Facilitators	Venue
1		<i>Quality improvement training workshops available – see page 4</i>		
2				
3	Tues 25/2/25	<i>Inductions – Only for trainees starting ST1 or ST2 in February 2025 Further details will be emailed separately to relevant trainees</i>		
	Tues 25/2/25 14.00 - 16.00	Sustainability Virtual Update Turas booking: https://learn.nes.nhs.scot/75799	Dr Ciara Drummond	Microsoft Teams
		<i>Quality improvement training workshops available – see page 4</i>		
4	Tues 4/3/25 9.30 – 12.30	Facilitated small group session 1	Group dependent	Group dependent
5	Tues 11/3/25 9.30 – 12.30	Facilitated small group session 2	Group dependent	Group dependent
6	Tues 18/3/25 9.00 – 13.00	The Knowledge Network: Accessing and appraising evidence for use in clinical practice. Turas booking: https://learn.nes.nhs.scot/75795	Eleanor Lochrie and Donna Watson	Microsoft Teams
		<i>Quality improvement training workshops available – see page 4</i>		
7	Tues 25/3/25 9.30 – 12.30	PBSGL 1	Trainees	Microsoft Teams
		<i>Quality improvement training workshops available – see page 4</i>		
8	Tues 1/4/25 9.30 – 12.30	Facilitated small group session 3	Group dependent	Group dependent
		<i>Quality improvement training workshops available – see page 4</i>		

 = Mandatory Learning activities

 = Advisable learning activities

Week	Date & Time	Learning Activity	Facilitators	Venue
9	Tues 8/4/25 9.30 – 12.30	PBSGL 2	Trainees	Microsoft Teams
10				
11				
12	Tues 29/4/25 9.30 – 12.30	Facilitated small group session 4	Group dependent	Group dependent
13	Tues 6/5/25 9.30 – 12.30	PBSGL 3	Trainees	Microsoft Teams
14	Tues 13/5/25 9.30 – 12.30	Facilitated small group session 5	Group dependent	Group dependent
15	Thurs 22/5/25 9.30 – 12.30	Ethics Turas booking: https://learn.nes.nhs.scot/70050	Dr Nikki Curry, Dr Alan Johnstone	Microsoft Teams
16	Tues 27/5/25 9.30 – 12.30	Facilitated small group session 6	Group dependent	Group dependent
17	Tues 3/6/25 9.30 – 12.30	PBSGL 4	Trainees	Microsoft Teams
18	Tues 10/6/25 9.30 – 12.30	Facilitated small group session 7	Group dependent	Group dependent
19	Tues 17/6/25 9.30 – 12.30	PBSGL 5	Trainees	Microsoft Teams
20	Tues 24/6/25 9.30 – 12.30	Facilitated group session 8	Group dependent	Group dependent
	Thurs 26/6/25 9.00 – 13.00	The Knowledge Network: Accessing and appraising evidence for use in clinical practice. Turas booking: https://learn.nes.nhs.scot/75795	Eleanor Lochrie and Donna Watson	Microsoft Teams
21	Tues 1/7/25 9.30 – 12.30	PBSGL 6	Trainees	Microsoft Teams

 = Mandatory Learning activities

 = Advisable learning activities

MANDATORY LEARNING ACTIVITIES

These activities should be attended by all trainees.

Facilitated small group sessions (local teaching)

These in-person small group sessions are facilitated by GP's and cover the RCGP capability areas.

For these sessions, trainees in the East of Scotland region are divided into two groups according to their training practice location. There is an 'Eastward' group, and a 'Westward' group.

The Eastward group will meet at Dundee Dental Education Centre. The Westward group will meet in Perth, at Taymount Surgery or Perth Royal Infirmary. Further information including group lists will be detailed in a separate 'local teaching' document.

Practice Based Small Group Learning (PBSGL)

Trainees will meet up with PBSGL groups in the same Eastward and Westward groups that they attend with their facilitators.

During these sessions, trainees will discuss PBSGL modules. Trainee facilitators will need to access facilitator training via the PBSGL team.

PBSGL sessions will be over Microsoft Teams, unless trainees prefer to meet in person and are able to arrange a suitable venue to do so.

Advised time 2-3 hours with a designated break. More information about PBSGL is available at: <https://www.cpdconnect.nhs.scot/pbsgl/>

ADVISABLE LEARNING ACTIVITIES

Attendance at these sessions is advisable. Trainees should discuss with their Educational Supervisor regarding which sessions they plan to attend.

Sustainability Virtual update

This teaching session will outline the links between climate change, human health and healthcare provision. This is a nationally run course and we suggest attending this session once over the course of your GP training. There will be other opportunities to attend in future.

The Knowledge Network Session

This session aims to help develop skills in accessing and appraising evidence for use in clinical practice. This session is a useful introduction to skills that will be assessed as part of the Applied Knowledge Test. Please note there are two dates for this session, but you should only attend one.

Ethics Session

An opportunity to learn about the principles of Ethics and how these apply to General Practice

Quality improvement training workshops

Training is available to assist with Quality Improvement Projects during your GP post. These are nationally run and further info is on Page 4.

Additional Learning Activities

There are a range of additional learning activities available out with the regional teaching programme. Further details of the available resources can be found at: <http://bit.ly/EastGP>

GPST1 QIP SUPPORT COURSES, SPRING 2025 DATES

Please register for one of the following cohorts, each of which includes 2 workshops. Please note that numbers for each cohort are limited and registration is on a first come, first served basis. For further information, including booking links, click here:

<https://learn.nes.nhs.scot/74335>

QI Cohort 1: Limited to 35 attendees, registration is on a first come, first served basis.

- Workshop 1 - Tuesday 11th February 2025 9.30 - 11.00
- Workshop 2 - Wednesday 19th March 2025 13.30 - 15.00

QI Cohort 2: Limited to 35 attendees, registration is on a first come, first served basis.

- Workshop 1 - Wednesday 12th February 2025 13.30 - 15.00
- Workshop 2 - Wednesday 26th March 2025 9.30 - 11.00

QI Cohort 3: Limited to 35 attendees, registration is on a first come, first served basis.

- Workshop 1 - Thursday 13th February 2025 9.30 - 11.00
- Workshop 2 - Thursday 20th March 2025 13.30 - 15.00

QI Cohort 4: Limited to 35 attendees, registration is on a first come, first served basis.

- Workshop 1 - Wednesday 26th February 2025 9.30 - 11.00
- Workshop 2 - Thursday 3rd April 2025 13.30 - 15.00