



Basic Surgical Skills Course

Day 1

0800	Registration, refreshments and faculty meeting
0830	Introduction and statement of course objectives Assessment overview
0835	Gowning and gloving <i>Gown and glove application and removal</i>
0845	Knots <i>One-handed reef knot and surgeon's knot</i> <i>Instrument tie and tying at depth</i>
1000	Handling instruments <i>Scissors, haemostats, forceps and scalpel</i>
1015	Break
1030	Suturing techniques* <i>Needles and incisions</i> <i>Interrupted sutures, simple and mattress sutures; sub-cuticular suture</i>
1200	Skin lesions and local anaesthetic techniques <i>Techniques for tissue dissection</i> <i>Application of local anaesthetic</i> <i>Excising a skin lesion and sebaceous cyst</i>
1300	Lunch
1345	Ligation/transfixion <i>Pedicle transfixion, continuity tie, pedicle tie</i>
1430	Tissue handling 1 <i>Bowel: end-to-end interrupted anastomosis (hand tied knots, no assistance)</i>
1530	Break
1545	Tissue handling 2 <i>Abscess drainage (no assistance)</i>
1600	Tendon repair (assisted)
1650	Discussion and feedback*
1715	Close

*During the last 15 minutes, assessment and feedback sheets will be completed with participants



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Day 2

0815	Registration, refreshments and faculty meeting
0830	Reprise of knot tying <i>Common faults</i>
0900	Tissue handling 3 Abdominal closure and drain insertion (assisted) <i>Aberdeen knot, drain insertion, continuous suture, the art of assisting</i>
1015	Break
1045	Group 1: Laparoscopic skills (2 hours) Group 2: Vascular anastomosis (1.5 hours, followed by OSATS)
1245	Lunch
1315	Heritage tour
1400	Group 1: Vascular anastomosis (1.5 hours, followed by OSATS) Group 2: Laparoscopic skills (2 hours)
1600	Break
1615	Tissue handling 4 <i>Debriding a traumatic wound</i>
1645	Discussion & Feedback *
1700	Close

**During the last 15 minutes, assessment and feedback sheets will be completed with participants*