**Educational Release from Practice – West Region**

**Programme: Lanarkshire**

**Training programme Director – Dr Laurence Bell**

**Description:**

The day releases for ST1s and ST3s are held roughly every 2 weeks and last for a whole day. All training practices are expected to contribute and each practice will facilitate at least once yearly.

Each day release covers a theme---matched to the RCGP curriculum areas so that by the end of ST3 all areas have been covered at least once.

We try to incorporate a variety of learning tools in each day, and initially these sessions are all trainer led, over time, the hope is that the registrars do more of the facilitation themselves

**Sample programmes:**

An example of a typical teaching day -

THEME FOR TODAY – e.g. Women’s Health

9.30 – 10.30 Examine videotaped consultations and use it as an aid to improve skills for the Consultation Skills Assessment. The practice responsible for today will bring along a video.

10.45 – 11.45 Clinical Skills Teaching – role play – the trainer will prepare a scenario which will include notes for the trainee and the person role playing the patient. This will focus on the above theme.

12.00 – 13.00 Problem based learning – Practice responsible for the day will bring 1 or more scenarios which will focus on the above theme. Be prepared to discuss these scenarios as a group.

13.00 – 13.30 ***Lunch***

13.30 - 1430 Special interest – Trainer will talk about an area of practice in which they have a special interest, or organize an external speaker.

14.45 – 15.45 Resilience / Peer Support– Trainees will bring along difficult cases, significant events, complaints, problems in practice, problems in training. These will be discussed as a supportive group.

4.00 – 5.00 Preparation for Practice – The practice responsible for today will formulate and lead a discussion on an area relating to “the reality of running a practice”. This may focus on practice management, business, employment law, contracts, CVs, Leadership etc. This discussion may be led by a practice manager.

**Course Organiser Contacts:**

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**Teaching Location:**

**Newarthill Medical Practice**

**Induction Dates 2017/18:**