**Educational Release from Practice – West Region**

**Programme: Glasgow South**

**Training programme Director – Dr Rhona McMillan** [rhona.mcmillan@nes.scot.nhs.uk](mailto:rhona.mcmillan@nes.scot.nhs.uk)

**Description:** This programme is divided in to 2 geographical areas, Glasgow South West and Glasgow South East.

GPST1

* Day release for those GPST1 starting their GP placement in August is organised by Glasgow South East
* Day release for those GPST1 starting their GP placement in February is organised by Glasgow South West

GPST3

* Day release is organised geographically and GPST3 remains with the same cohort of GPST3s throughout the year

**Sample programmes:**

**GPST1 Day Release**

Day Release for GPST1s is arranged by Dr Roddy Ireland and GSE trainers for those starting in August, and Dr Amanda Connelly and GSW trainers for those starting in February. GPST1 Day Release runs on the last Wednesday of the month for a full day. The venue is either NES offices at 2CQ or the Beardmore Hotel in Clydebank. Programmes are very similar.

Feedback received following each session is discussed within the trainers’ group. The sessions are facilitated by the trainers and although topics are chosen in advance and do tend to remain similar year on year, there is ongoing discussion with each group of GPST1s and topics can be varied depending on the needs of the group. Attached is a sample timetable of topics for2016/7.

This whole process is supported by the administration team at NES, Emily Watt and Lilian Cumming.

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| Date | Practice | Venue | Topic |
| 31/8/16  Wednesday |  | NES  2 Central Quay  89 Hydepark Street  Glasgow  G3 8BW | * ST1 Induction * Common Paediatric Emergencies * Sexual and Reproductive Health |
| 14/9/16  Wednesday |  | Beardmore Hotel  Clydebank  G81 4SA | * Introduction to the Consultation. * Audit and significant events. * Prescribing |
| 26/10/16  Wednesday |  | NES  2 Central Quay  89 Hydepark Street  Glasgow  G3 8BW | * MDDUS * Capacity and Medical certification. |
| 30/11/16  Wednesday |  | NES  2 Central Quay  89 Hydepark Street  Glasgow  G3 8BW | * End of life care. * Drug and alcohol dependence |
| 25/1/17  Wednesday |  | NES  2 Central Quay  89 Hydepark Street  Glasgow  G3 8BW | * Dermatology. * Child protection. * Trainee led topic – journal club |

**Glasgow South GPST3 Day Release**

***GPST3 Induction***

*1 or 2 day induction* in the first month of ST3 attachment.

This includes a team activity for a half day session along with lunch to allow trainees to get to know each other and develop as a group. Both days held out with practice. Expectations and requirements for the ST3 year are clearly identified with time for discussion and questions. Queries on eportfolio are answered. This session is lead by the course organiser and Training Programme Director and often allays trainee concerns. There is an opportunity to speak with an ST3 who has recently completed training.

There is a session on role play and discussion on the CSA. Trainees receive direct feedback from experienced trainers on role play. This session receives very positive feedback from trainees.

Other topics vary from year to year but have included Death Certification with helpful case examples, Palliative care and problem solving scenarios.

Topics for teaching for the year are discussed, with planning for topics for day release for the forthcoming year. Feedback from the previous year is provided, what went well and what could be improved. This gives some guidance to trainees on choosing their topics. ST3 group then choose broad topics for day release guided by the course organiser. These topics are discussed at the trainers group and facilitators assigned for each session. This process works very smoothly.

***GSW ST3 Day Release***

Day Release thereafter runs on the third Wednesday of each month for the full day.

Morning session is 9am-12.30. Afternoon session is 2-5.30pm. Each session is facilitated by an experienced trainer and covers a separate topic.

Each session is organised and run by the group, allowing for group directed learning. For each session a GPST lead is identified, it is their role to liaise with the facilitator on the specifics of their topic and discuss if external speakers/ resources are required. Feedback is completed as a group at the end of each session identifying learning, linking this to competencies on eportfolio and suggestions for future learning. The GPST lead for the session sends feedback to the facilitator, the ST3 group and the course organiser. A register is taken for each session.

The last 30 minutes of each session is spent forward planning for future sessions and completing feedback.

CPR training is arranged for the group, this meets the requirements for eportfolio.

A CSA Mock Exam is held in the December of each year, with very positive feedback from the trainees.

Feedback is taken for each session and at the end of the ST3 year. All feedback is discussed with the trainers group and directly influences forward planning for day release.

***GSE GPST3 Day Release August 2016***

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| --- | --- | --- | --- |
| **Date** | **Practice** | **Venue** | **Topics** |
| 8/9/16  Thursday |  |  | * A guide to Benefits * Palliative care * Registrar Led Journal Club |
| 5/10/16  Wednesday |  |  | CSA Mock Exam |
| 3/11/16  Thursday |  |  | * Issues related to Out of Hours-Dr N Gaw * Dysfunctional consultations * CSA Preparation |
| 9/12/16  Friday |  |  | * Registrar led topic * Prescribing * Genetics |
| 9/2/17  Thursday |  |  | * Registrar led topic * Dermatology * Multidisciplinary team working |
| 1/3/17  Wednesday |  |  | * Registrar led topic * Appraisal and Revalidation * Alcohol and Drug Problems |
| 21/4/17  Friday |  |  | * Registrar led topic * Medico-legal aspects of practice |
| 18/5/17  Thursday |  |  | * Child Protection * Running a practice * Working as a partner and a salaried partner |
| 7/6/17  Wednesday |  | Beardmore Hotel,  Beardmore St  Clydebank  G81 4SA | * Career transition * Interview tips * Working as a locum * Accountancy advice |

**Course Organiser Contacts:**

**Glasgow South East (GSE): Dr Roddy Ireland** **Mearns Medical Centre. G77 5BQ**

0141 639 2753[rireland@nhs.net](mailto:rireland@nhs.net)

**Glasgow South West: Dr Amanda Connolly David Elder Practice, Govan Health Centre.**

0141 531 8470 [amanda.connelly@nhs.net](mailto:amanda.connelly@nhs.net)

**Teaching Location: GPST1 NES Offices, 2 Central Quay, G3 8BW**

**(GSE) varies**

**(GSW) Elderpark Clinic. G51 3XR**

**Induction Dates 2017/18: tbc**