Course Name: O & G study day

**Core capability/competency area**

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| Clinical management:  This means that as a GP you should:   * Demonstrate knowledge of women’s health problems, conditions and diseases, and recognise that some non-gender specific issues present differently in women, * Describe how practice management issues impact on the provision of care to women, including choice and availability of female doctors * Develop an understanding of management of medical obstetric cases * Basic of intra-partum care and emergencies * Develop an understanding of very common Gynaecological presentations * Develop a clear idea of managing the post-natal woman * Recognitions of prolapses visually and with examination. |
| Decision Making  This is about having a conscious, structured approach to decision-making; within the consultation and in wider areas of practice.  This means that as a GP you should:   * Recognise common signs and symptoms of, and know how to manage, gynaecological disease; be the first port of call for shared antenatal care/pregnancy, post-natal management and involving other members of the healthcare team as appropriate * Intervene urgently with suspected malignancy. * Recognise and intervene immediately when patients present with a gynaecological or obstetric emergency * Understand and Promote health promotion and screening in O & G matters. |
| Communication skills  Develop a very clear and good understanding of succinct and helpful data gathering to aid management of both Obstetric and Gynecological cases.  Consider the mental health of the pregnant lady and post-natal mother. |

**Curriculum Statements**

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| [2 01 The GP Consultation in Practice](http://www.rcgp.org.uk/training-exams/gp-curriculum-overview/online-curriculum/knowing-yourself-and-relating-to-others/2-01-the-gp-consultation-in-practice.aspx)   * Consultation and communication skills * Ethics and values * Promoting equality and valuing diversity * Carers, relatives and families |
| [2 03 The GP in the Wider Professional Environment](http://www.rcgp.org.uk/training-exams/gp-curriculum-overview/online-curriculum/knowing-yourself-and-relating-to-others/2-03-the-gp-in-the-wider-professional-environment.aspx)   * Leadership * Team based care and chronic disease management * Practice management, finances and law |

**Aim**

This course is aimed at GPST in programmes whereby they do not have an O & G post

There are many aims to the course

The main aim is to increase an understanding of basic Obstetric antenatal care, recognition of those who need early consultant led care, complications of pregnancy and delivery.

Also develop clear idea of our role as Gps in the post-partum period in terms of emotional, physical wellbeing of the mother.

Develop a solid understanding of good data gathering and management of very common Gynaecological issues which we see in general practice.

To have an idea of whom to refer and when.

Red flags for O & G.

**Objectives**

1. Increase confidence in managing O & G conditions in primary care
2. Recognitions and management of when to involve the specialist
3. General O & G health promotion, screening and management
4. Looking at ways we can use our practice team and community resources to manage O & G issues e.g. incontinence, antenatal care, post-natal depression.
5. The role of the Gp in the care of women’s health.