**SOUTH EAST SCOTLAND COURSE DESCRIPTOR FOR ST3 GP TRAINEES**

**This is a review of all courses available to ST3 GP trainees in SE Scotland.**

**You have been sent a separate timetable document summarising the relevant date, timing and logistics of each. Apart from the local teaching, no course is mandatory, you choose which courses you would like to attend.**

This document provides a bit more information regarding certain courses so you can better decide which you are interested in registering for. More information about specific courses can also be found on the TURAS learn booking website (below)

We offer a mix of face to face (FTF) and virtual (over MS Teams) courses. **Please ensure you make note of this when registering for any courses.**

**All courses must be booked through TURAS LEARN – link below (except the mandatory local teaching sessions for ST1/3 trainees in general practice placements).**

[https://learn.nes.nhs.scot/65989](https://eur01.safelinks.protection.outlook.com/?url=https%3A%2F%2Flearn.nes.nhs.scot%2F65989&data=05%7C01%7CNicola.Curry%40nhs.scot%7Ccf677204170b40e9159408db73ceddf2%7C10efe0bda0304bca809cb5e6745e499a%7C0%7C0%7C638231104540954481%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=qfaLDjFsjz2W%2BjGAe8aTgQ4YfMvdsWU8G8ak4LGmfEI%3D&reserved=0)

**ST3 LOCAL TEACHING - mandatory:**

* Mix of facilitated and PBSGL (trainee led) sessions to support your learning whilst on GP placement. Separate timetable has been circulated along with small group allocations - do not require TURAS booking
* Note additional ST3 focused sessions need booked on TURAS and are detailed further down this document – please reference

**REGIONAL TEACHING (advisable if meeting a learning need):**

COURSES AIMED SPECIFICALLY AT ST3 TRAINEES:

**ADVANCED ETHICS**

**PHARMACY FOR ST3’s - PRACTICALITIES AND COMPLEXITIES**

**SEX, GENDER AND SEXUALITY: UNDERSTANDING THE ISSUES**

**ST3 SUSTAINABILITY TEACHING –** note this is a FTF, ST3 specific course and is different to the virtual sustainability teaching update open to all trainees (see national courses below)

**TACTICAL DECISION MAKING**

**CAREERS SESSIONS**

* 2 half day courses covering i) different career opportunities post CCT (FTF session) and ii) the business and financial aspects of being a qualified GP including locum work intricacies (virtual session).
* **\*Note** these careers courses only run once/year in the February – August 6 month teaching block.

COURSES AIMED AT ALL TRAINEES REGARDLESS OF TRAINING GRADE:

**OBSTETRICS, GYNAECOLOGY & WOMEN’S HEALTH UPDATES**

* Would recommend these not be attended if you have had a 6 month hospital posting in O&G/sexual health as likely to be repetition depending on prior clinical experience.
* 3 x half day courses, all different content and trainees can register for any or all of these as able.

**PAEDIATRICS UPDATES (various topics)**

* Depending on the title/content of the course (there is a series all of which have different content), would recommend these not be attended if you have had a 6 month hospital posting in paediatrics and the course is likely to represent repetition. If you would like further detail on any course content please email the GP unit about the specific course you would like more info about.
* A series of half day courses, all different content and trainees can register for any or all of these as able.

**PSYCHIATRY UPDATES**

Depending on the title/content of the course (there is a series all of which have different content), would recommend these not be attended if you have had a 6 month hospital posting in psychiatry and the course is likely to represent repetition. If you would like further detail on any course content please email the GP unit about the specific course you would like more info about.

**Psychiatry topics (half day/topic):**

* Psychosis and the Mental Health Act
* Old age psychiatry
* Diagnosis and management of anxiety and depression: a practical approach for primary care
* Personality disorders: a practical approach for primary care
* Perinatal Mental Health

**ADVERSE CHILDHOOD EXPERIENCES**

**PRACTICING LIFESTYLE MEDICINE**

**CULTURAL COMPETENCY**

**DERMATOLOGY UPDATE**

**NATIONALLY DELIVERED COURSES**

A pilot of nationally delivered courses is commencing from August 24. These are open to all GP trainees across Scotland for booking. Current courses available:

* Sustainability GPST virtual update
* Paediatrics – Common musculoskeletal (MSK) and orthopaedics presentations in Children and Young People (CYP), including normal variants
* Prostate Cancer UK webinar
* Armed forces and the veteran community: an introduction to management in primary care
* The Knowledge Network: accessing and appraising evidence for use in clinical practice
* Gambling harms and the support available
* ST3 QI/leadership
* Cancer referral guidelines course – dates likely released from Feb 25, in the meantime, the following resource containing plenty of online learning in this area: [**Home - GatewayC**](https://www.gatewayc.org.uk/?utm_source=launchletter&utm_medium=nhsscot&utm_campaign=apr24scotlaunchgwchomepage)

If you require any further information regarding courses, please email the GP unit initially and they will forward your enquiry on appropriately.

[GP.Unit@nes.scot.nhs.uk](mailto:GP.Unit@nes.scot.nhs.uk)

Dr Nikki Curry

GP Associate Adviser (Programme Planning and Education Delivery/Support)

SE Scotland GP Unit