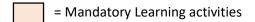
# ST3 Trainees – East Region Teaching Programme – August 24 to February 25

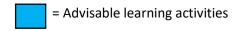
IMPORTANT: Trainees should book onto teaching sessions via the Turas Learn website <a href="https://learn.nes.nhs.scot">https://learn.nes.nhs.scot</a>

Week	Date & Time	Learning Activity	Facilitators	Venue
1				
2	Tues 20/8/24	<b>ST3 Induction</b> – this session is for trainees who are starting ST3 in August. Further details including timings and venue will be emailed separately.		
	Thurs 22/8/24 and Fri 23/8/24	Woman's Health course Two-day course: 8.40 – 16.00 on day 1, 9.00 – 17.00 on day 2	Dr Scott Jamieson	Interactive Teaching Suite, Ninewells medical school
3				
4	Mon 2/9/24 and Tues 3/9/24	Paediatrics course Two-day course. 9.30 – 16.30 both days	Dr Linda Clerihew	Flexible Teaching Room, Ninewells Medical School
	Thurs 5/9/24 14.00 - 16.00	Sustainability Virtual Update	Dr Ciara Drummond	Microsoft Teams
5				
6	Tues 17/9/24 9.30 – 12.15	Facilitated small group session	Group dependent	Group dependent
7	Tues 24/9/24 9.30 – 12.15	PBSGL	Trainees	Microsoft Teams
8				
9	Tues 8/10/24 9.30 – 12.15	PBSGL	Trainees	Microsoft Teams
10	Tues 15/10/24 14.00 – 17.00	Sustainability In-person update Open to trainees who have previously attended a virtual update session	Dr Ciara Drummond	DDEC, Almond room
11	Tues 22/10/24 9.30 – 12.15	Facilitated small group session	Group dependent	Group dependent

= Mandatory Learning activities	= Advisable learning activities

Week	Date & Time	Learning Activity	Facilitators	Venue
12	Tues 29/10/24	PBSGL	Trainees	Microsoft Teams
	9.30 – 12.15			
13	Tues 5/11/24	Groups A, B, C – Facilitated small group session	Group dependent	Group dependent
	9.30 – 12.15	Group D – PBSGL		
	Wed 6/11/24	QI and leadership sessions: these are nationally delivered and are included	(national course)	Microsoft Teams
		here for info. They are not on Turas and will be advertised separately		
14	Mon 11/11/24	The Corner - young people's health and wellbeing service	Gary Finlayson	DDEC, Almond room
	13.30 – 16.30	This session is also open to ST1/2 trainees in hospital posts	Zara Cargill	
	Tues 12/11/24	Adult Safeguarding in GP	Susan Torrance	DDEC, Almond room
	9.15 – 12.30	Level 3 adult safeguarding training	Dr Jon Beveridge	
15	Mon 18/11/24	Advanced Ethics	Dr Peter Dorward,	NES Westport,
	9.30 – 17.00		Dr John Dunn	Edinburgh
	Wed 20/11/24	QI and leadership sessions: these are nationally delivered and are included	(national course)	Microsoft Teams
		here for info. They are not on Turas and will be advertised separately		
	Thurs 21/11/24	Lifestyle Medicine	Dr Suzy Scarlett, Dr	NES Westport,
	9.30 – 13.00		Nikki Curry	Edinburgh
16				
17	Tues 3/12/24	PBSGL	Trainees	Microsoft Teams
	9.30 – 12.15			
18	Tues 10/12/24	Facilitated small group session	Group dependent	Group dependent
	9.30 – 12.15			
19				
20, 21		PUBLIC HOLIDAYS		
22	Tues 7/1/25	Facilitated small group session	Group dependent	Group dependent
	9.30 – 12.15			
23	Tues 14/1/25	Child Protection in GP	Dr Katherine Lawlor	DDEC, Almond room
	9.00 – 13.00	Level 3 Child Safeguarding training		
24	Tues 21/1/25	Group D – Facilitated small group session	Group dependent	Group dependent
	9.30 – 12.15	Group A,B,C – PBSGL		





#### MANDATORY LEARNING ACTIVITIES

These activities should be attended by all trainees.

## Facilitated small group sessions (local teaching)

For these sessions, trainees in the East of Scotland region are divided into four groups according to their training practice location. Lists of group members will be emailed to ST3 trainees, along with further details of group facilitators and meeting locations.

### **Practice Based Small Group Learning (PBSGL)**

Trainees will meet up with PBSGL groups in the same small groups that they attend with their facilitators.

During these sessions, trainees will discuss PBSGL modules. Trainee facilitators will need to access facilitator training via the PBSGL team.

PBSGL sessions will be over Microsoft Teams, unless trainees prefer to meet in person and are able to arrange a suitable venue to do so.

Advised time 2-3 hours with a designated break. More information about PBSGL is available at: https://www.cpdconnect.nhs.scot/pbsgl/

#### **DDEC Venue** = Dundee Dental Education Centre

Frankland Building, Smalls Wynd, Dundee, DD1 4HN.

Map: https://maps.app.goo.gl/EJ2NG5s8xaoGLXiC7

#### **ADVISABLE LEARNING ACTIVITIES**

Attendance at these sessions is advisable. Trainees should discuss with their Educational Supervisor regarding which sessions they plan to attend. Further information regarding these sessions is available on Turas Learn.

## The following sessions are advisable:

Woman's Health course. Turas link: <a href="https://learn.nes.nhs.scot/69718">https://learn.nes.nhs.scot/69718</a>
Paediatrics course. Turas link: <a href="https://learn.nes.nhs.scot/70235">https://learn.nes.nhs.scot/70235</a>
Sustainability virtual update. Turas link: <a href="https://learn.nes.nhs.scot/64065">https://learn.nes.nhs.scot/64065</a>
Sustainability in-person update. Turas link: <a href="https://learn.nes.nhs.scot/70178">https://learn.nes.nhs.scot/70178</a>
QI and Leadership (national course)

The corner. Turas link: <a href="https://learn.nes.nhs.scot/70177">https://learn.nes.nhs.scot/70177</a>
Adult safeguarding. Turas link: <a href="https://learn.nes.nhs.scot/68667">https://learn.nes.nhs.scot/68667</a>
Advanced Ethics. Turas link: <a href="https://learn.nes.nhs.scot/68640">https://learn.nes.nhs.scot/68640</a>
Child protection. Turas link: <a href="https://learn.nes.nhs.scot/71987">https://learn.nes.nhs.scot/71987</a>

Please note that some sessions are repeated (e.g. sustainability virtual update). We would ask that you only attend these sessions on one occasion over the course of your GP training.

## **Additional Learning Activities**

There are a range of additional learning activities available out with the regional teaching programme. Further details of the available resources can be found at: <a href="http://bit.ly/EastGP">http://bit.ly/EastGP</a>