

## ST3 Trainees – East Region Teaching Programme – August 24 to February 25


IMPORTANT: Trainees should book onto teaching sessions via the Turas Learn website <https://learn.nes.nhs.scot>


| Week | Date & Time                      | Learning Activity  | Facilitators         | Venue   |
|------|----------------------------------|--|----------------------|---|
| 1    |                                  |  |                      |   |
| 2    | Tues 20/8/24                     | <b>ST3 Induction</b> – this session is for trainees who are starting ST3 in August.<br>Further details including timings and venue will be emailed separately. |                      |   |
|      | Thurs 22/8/24<br>and Fri 23/8/24 | <b>Woman’s Health course</b><br>Two-day course: 8.40 – 16.00 on day 1, 9.00 – 17.00 on day 2   | Dr Scott Jamieson    | Interactive Teaching Suite,<br>Ninewells medical school |
| 3    |                                  |  |                      |   |
| 4    | Mon 2/9/24 and<br>Tues 3/9/24    | <b>Paediatrics course</b><br>Two-day course. 9.30 – 16.30 both days  | Dr Linda Clerihew    | Flexible Teaching Room,<br>Ninewells Medical School     |
|      | Thurs 5/9/24<br>14.00 - 16.00    | <b>Sustainability Virtual Update</b>   | Dr Ciara<br>Drummond | Microsoft Teams   |
| 5    |                                  |  |                      |   |
| 6    | Tues 17/9/24<br>9.30 – 12.15     | <b>Facilitated small group session</b>   | Group dependent      | Group dependent   |
| 7    | Tues 24/9/24<br>9.30 – 12.15     | <b>PBSGL</b>   | Trainees             | Microsoft Teams   |
| 8    |                                  |  |                      |   |
| 9    | Tues 8/10/24<br>9.30 – 12.15     | <b>PBSGL</b>   | Trainees             | Microsoft Teams   |
| 10   | Tues 15/10/24<br>14.00 – 17.00   | <b>Sustainability In-person update</b><br>Open to trainees who have previously attended a virtual update session   | Dr Ciara<br>Drummond | DDEC, Almond room                                       |
| 11   | Tues 22/10/24<br>9.30 – 12.15    | <b>Facilitated small group session</b>   | Group dependent      | Group dependent   |

= Mandatory Learning activities

= Advisable learning activities

| Week   | Date & Time                    | Learning Activity  | Facilitators                        | Venue                      |
|--------|--------------------------------|--|-------------------------------------|----------------------------|
| 12     | Tues 29/10/24<br>9.30 – 12.15  | PBSGL  | Trainees                            | Microsoft Teams            |
| 13     | Tues 5/11/24<br>9.30 – 12.15   | Groups A, B, C – Facilitated small group session<br>Group D – PBSGL  | Group dependent                     | Group dependent            |
|        | Wed 6/11/24                    | QI and leadership sessions: these are nationally delivered and are included here for info. They are not on Turas and will be advertised separately | (national course)                   | Microsoft Teams            |
| 14     | Mon 11/11/24<br>13.30 – 16.30  | The Corner - young people's health and wellbeing service<br>This session is also open to ST1/2 trainees in hospital posts                          | Gary Finlayson<br>Zara Cargill      | DDEC, Almond room          |
|        | Tues 12/11/24<br>9.15 – 12.30  | Adult Safeguarding in GP<br>Level 3 adult safeguarding training  | Susan Torrance<br>Dr Jon Beveridge  | DDEC, Almond room          |
| 15     | Mon 18/11/24<br>9.30 – 17.00   | Advanced Ethics  | Dr Peter Dorward,<br>Dr John Dunn   | NES Westport,<br>Edinburgh |
|        | Wed 20/11/24                   | QI and leadership sessions: these are nationally delivered and are included here for info. They are not on Turas and will be advertised separately | (national course)                   | Microsoft Teams            |
|        | Thurs 21/11/24<br>9.30 – 13.00 | Lifestyle Medicine   | Dr Suzy Scarlett, Dr<br>Nikki Curry | NES Westport,<br>Edinburgh |
| 16     |                                |  |                                     |                            |
| 17     | Tues 3/12/24<br>9.30 – 12.15   | PBSGL  | Trainees                            | Microsoft Teams            |
| 18     | Tues 10/12/24<br>9.30 – 12.15  | Facilitated small group session  | Group dependent                     | Group dependent            |
| 19     |                                |  |                                     |                            |
| 20, 21 |                                | PUBLIC HOLIDAYS  |                                     |                            |
| 22     | Tues 7/1/25<br>9.30 – 12.15    | Facilitated small group session  | Group dependent                     | Group dependent            |
| 23     | Tues 14/1/25<br>9.00 – 13.00   | Child Protection in GP<br>Level 3 Child Safeguarding training  | Dr Katherine Lawlor                 | DDEC, Almond room          |
| 24     | Tues 21/1/25<br>9.30 – 12.15   | Group D – Facilitated small group session<br>Group A,B,C – PBSGL   | Group dependent                     | Group dependent            |

 = Mandatory Learning activities

 = Advisable learning activities

## MANDATORY LEARNING ACTIVITIES

*These activities should be attended by all trainees.*

### **Facilitated small group sessions (local teaching)**

For these sessions, trainees in the East of Scotland region are divided into four groups according to their training practice location. Lists of group members will be emailed to ST3 trainees, along with further details of group facilitators and meeting locations.

### **Practice Based Small Group Learning (PBSGL)**

Trainees will meet up with PBSGL groups in the same small groups that they attend with their facilitators.

During these sessions, trainees will discuss PBSGL modules. Trainee facilitators will need to access facilitator training via the PBSGL team.

PBSGL sessions will be over Microsoft Teams, unless trainees prefer to meet in person and are able to arrange a suitable venue to do so.

Advised time 2-3 hours with a designated break. More information about PBSGL is available at: <https://www.cpdconnect.nhs.scot/pbsgl/>

### **DDEC Venue = Dundee Dental Education Centre**

Frankland Building, Smalls Wynd, Dundee, DD1 4HN.

Map: <https://maps.app.goo.gl/EJ2NG5s8xaoGLXiC7>

## ADVISABLE LEARNING ACTIVITIES

*Attendance at these sessions is advisable. Trainees should discuss with their Educational Supervisor regarding which sessions they plan to attend. Further information regarding these sessions is available on Turas Learn.*

### **The following sessions are advisable:**

**Woman's Health course.** Turas link: <https://learn.nes.nhs.scot/69718>

**Paediatrics course.** Turas link: <https://learn.nes.nhs.scot/70235>

**Sustainability virtual update.** Turas link: <https://learn.nes.nhs.scot/64065>

**Sustainability in-person update.** Turas link: <https://learn.nes.nhs.scot/70178>

**QI and Leadership (national course)**

**The corner.** Turas link: <https://learn.nes.nhs.scot/70177>

**Adult safeguarding.** Turas link: <https://learn.nes.nhs.scot/76760>

**Advanced Ethics.** Turas link: <https://learn.nes.nhs.scot/68867>

**Lifestyle medicine.** Turas link: <https://learn.nes.nhs.scot/68640>

**Child protection.** Turas link: <https://learn.nes.nhs.scot/71987>

*Please note that some sessions are repeated (e.g. sustainability virtual update). We would ask that you only attend these sessions on one occasion over the course of your GP training.*

### **Additional Learning Activities**

There are a range of additional learning activities available out with the regional teaching programme. Further details of the available resources can be found at: <http://bit.ly/EastGP>