



ST1/2 Trainees in GP posts – East Region Teaching Programme – August 24 - February 25


IMPORTANT: Trainees should book onto teaching sessions via the Turas Learn website <https://learn.nes.nhs.scot>


Week	Date & Time	Learning Activity	Facilitators	Venue
1	Tues 13/8/24	<i>ST1 Induction - For trainees starting ST1 in August 2024 Further details including timings and venue will be emailed separately</i>		
2				
3	Tues 27/8/24	<i>ST2 Induction - For trainees starting ST2 in August 2024 Further details including timings and venue will be emailed separately</i>		
4	Thurs 5/9/24 14.00 - 16.00	Sustainability Virtual Update Turas booking: https://learn.nes.nhs.scot/64065	Dr Ciara Drummond	Microsoft Teams
5				
6	Tues 17/9/24 9.30 – 12.30	Facilitated small group session 1	Group dependent	Group dependent
7	Tues 24/9/24 9.30 – 12.30	Facilitated small group session 2	Group dependent	Group dependent
8		<i>Quality improvement training workshops available – see page 4</i>		
9	Tues 8/10/24 9.30 – 12.30	PBSGL 1	Trainees	Microsoft Teams
10	Wed 16/10/24 9.30 – 12.30	Ethics Turas booking: https://learn.nes.nhs.scot/70050	Dr Nikki Curry, Dr Alan Johnstone	Microsoft Teams
11	Tues 22/10/24 9.30 – 12.30	Facilitated small group session 3	Group dependent	Group dependent
12	Tues 29/10/24 9.30 – 12.30	PBSGL 2	Trainees	Microsoft Teams

 = Mandatory Learning activities

 = Advisable learning activities

Week	Date & Time	Learning Activity	Facilitators	Venue
13	Tues 5/11/24 9.30 – 12.30	Facilitated small group session 4	Group dependent	Group dependent
	Fri 8/11/24 9.00 – 13.00	The Knowledge Network: Accessing and appraising evidence for use in clinical practice. Turas booking: https://learn.nes.nhs.scot/64065	Eleanor Lochrie and Donna Watson	Microsoft Teams
14		<i>(Quality improvement training workshops available – see page 4)</i>		
15	Tues 19/11/24 9.30 – 12.30	Facilitated small group session 5	Group dependent	Group dependent
		<i>(Quality improvement training workshops available – see page 4)</i>		
16	Tues 26/11/24 9.30 – 12.30	PBSGL 3	Trainees	Microsoft Teams
17				
18	Tues 10/12/24 9.30 – 12.30	Facilitated small group session 6	Group dependent	Group dependent
19	Tues 17/12/24 9.30 – 12.30	PBSGL 4	Trainees	Microsoft Teams
20		PUBLIC HOLIDAYS		
21		PUBLIC HOLIDAYS		
22	Tues 7/1/25 9.30 – 12.30	Facilitated small group session 7	Group dependent	Group dependent
23	Tues 14/1/25 9.30 - 12.30	PBSGL 5	Trainees	Microsoft Teams
24	Tues 21/1/24 9.30 - 12.30	Facilitated group session 8	Group dependent	Group dependent
25	Tues 28/1/24 9.30 – 12.30	PBSGL 6	Trainees	Microsoft Teams

 = Mandatory Learning activities

 = Advisable learning activities

MANDATORY LEARNING ACTIVITIES

These activities should be attended by all trainees.

Facilitated small group sessions (local teaching)

These in-person small group sessions are facilitated by GP's and cover the RCGP capability areas.

For these sessions, trainees in the East of Scotland region are divided into two groups according to their training practice location. There is an 'Eastward' group, and a 'Westward' group.

The Eastward group will meet at Ninewells Hospital in the NHS Education for Scotland offices. The location of the Westward group meeting is detailed on the separate schedule that will be sent to trainees.

Practice Based Small Group Learning (PBSGL)

Trainees will meet up with PBSGL groups in the same Eastward and Westward groups that they attend with their facilitators.

During these sessions, trainees will discuss PBSGL modules. Trainee facilitators will need to access facilitator training via the PBSGL team.

PBSGL sessions will be over Microsoft Teams, unless trainees prefer to meet in person and are able to arrange a suitable venue to do so.

Advised time 2-3 hours with a designated break. More information about PBSGL is available at: <https://www.cpdconnect.nhs.scot/pbsgl/>

ADVISABLE LEARNING ACTIVITIES

Attendance at these sessions is advisable. Trainees should discuss with their Educational Supervisor regarding which sessions they plan to attend.

Sustainability Virtual update

This teaching session will outline the links between climate change, human health and healthcare provision. This is a nationally run course and we suggest attending this session once over the course of your GP training. There will be other opportunities to attend in future.

The Knowledge Network Session

This session aims to help develop skills in accessing and appraising evidence for use in clinical practice. This session is a useful introduction to skills that will be assessed as part of the Applied Knowledge Test

Ethics Session

An opportunity to learn about the principles of Ethics and how these apply to General Practice

Quality improvement training workshops

Training is available to assist with Quality Improvement Projects during your GP post. These are nationally run and further info is on Page 4.

Additional Learning Activities

There are a range of additional learning activities available out with the regional teaching programme. Further details of the available resources can be found at: <http://bit.ly/EastGP>

GPST1/2 QIP SUPPORT COURSES, AUTUMN 2024 DATES

Please register for one of the following cohorts, each of which includes 2 workshops.

For further information, including booking links, click here: <https://learn.nes.nhs.scot/74335>

QI Cohort 2: Limited to 35 attendees, registration is on a first come, first served basis.

Workshop 1 - Tuesday 1st October 2024 9.30 - 11.00

Workshop 2 - Wednesday 13th November 2024 13.30 - 15.00

QI Cohort 3: Limited to 35 attendees, registration is on a first come, first served basis.

Workshop 1 - Wednesday 2nd October 2024 9.30 - 11.00

Workshop 2 - Thursday 14th November 2024 13.30 - 15.00

QI Cohort 4: Limited to 35 attendees, registration is on a first come, first served basis.

Workshop 1 - Thursday 3rd October 2024 13.30 - 15.00

Workshop 2 - Wednesday 20th November 2024 9.30 - 11.00