

FEBRUARY 2023



RURAL FELLOWSHIPS

Fellowships available for:

Skye and Lochalsh  
Lochaber  
Caithness and Sutherland

# Three Unique Experiences

These innovative one-year fellowships will link both with GP practices and established teams of Advanced Nurse Practitioners for a multi-disciplinary educational experience in a rural setting.

Rural Fellows are usually allocated one base practice, plus two or three practices, where they will provide the majority of their service commitment. These practices will be agreed as the beginning of the rural fellow year, with a view to providing the opportunity to experience all aspects of rural General Practice.



## The Rural Support Team

A unique feature of these fellowships is the connection with our Rural Support Teams. The teams in all three areas consist of a mix of healthcare professionals; GPs, Advanced Nurse Practitioners, Unscheduled Nurse Practitioners and Paramedic Practitioners, all these disciplines either work or will work together providing healthcare to the populations within the North & West Division.

The fellow would be supported to engage with the teams, providing a completely new perspective on the provision of services in rural areas – for the benefit of both the fellow and the teams! More at [bit.ly/2UuUYzq](https://bit.ly/2UuUYzq)



Smiddery Point, Lochaber

# 13 Weeks Education

Educational opportunities are flexible and too many to list. The fellow's educational plan will be organised in conjunction with the service elements of the posts and with support from with the Rural Fellowship Co-ordinator. Fellows will have the opportunity to negotiate additional experience in secondary care, remote practices and to undertake specific course activity as available. Fellows will also be able to attend the regular meetings of the Scottish Rural Fellows.

# Service Commitment

We'll work with the fellows to balance both service needs and their own aspirations. The service commitment practices can be in more than one area. If the fellow is required to travel to an area away from their normal base practice, accommodation will be arranged, and travel expenses reimbursed.



Loch Hope, Sutherland

# Lochaber

A mecca for outdoor sports, this is one of Highland's most spectacular areas. It's also a fantastic healthcare environment with rural general practice alongside acute care at the Belford Hospital.

[visitfortwilliam.co.uk](http://visitfortwilliam.co.uk)

The host practice for the Rural Fellowship in Lochaber will be based in either Fort William or Fort Augustus with service commitments at a number of our GP practices including Ballachulish Medical Practice, and Acharacle Medical Practice.



Am Stac, Lochaber



Wick Harbour

# Caithness and Sutherland

One of the UK's last great wildernesses, Caithness and Sutherland covers the great landmass in the North of Scotland. Small rural practices and larger urban practices face unique challenges miles from urban centres.

[venturenorth.co.uk](http://venturenorth.co.uk)

The host practice for the Rural Fellowship in the North will be in Assynt/North West Sutherland with service commitments at any of the Practices in the area.



The Red Cuillin, Skye

# Skye & Lochalsh

No introduction required for this incredible location. Less well known is the unique model of healthcare which is now acknowledged as a centre for excellence.

[ritchiereport.net/post/centre-of-excellence-meeting-and-progres](http://ritchiereport.net/post/centre-of-excellence-meeting-and-progres)

The host Practice for the Rural Fellowship in Skye will be in one of the Medical Practices in either Dunvegan or Kyle, with service commitments at any of the Practices on Skye, Lochalsh & Wester Ross.

## Speak to us

The fellowships will be developed and managed in collaboration with the Primary Care Manager. We'll be flexible and work to meet your needs and aspirations. Call us for an informal chat:

Emma Rollo  
Primary Care Manager for North,  
West and Mid Highland  
Tel: 07870 480296  
[emma.rollo@nhs.scot](mailto:emma.rollo@nhs.scot)



The Rural Support Team boat to the Small Isles

# A BIT OF DETAIL

## **Duties**

Duties will include the full range of general practice duties during the Rural Fellows time in any General Practice, including working in the local Community Hospital if appropriate. They will be expected to play a full part in all aspects of the practice and work alongside the members of the extended primary care team.

## **OOHs Element**

While based in practices that have opted-out of OOHs there will be no requirement to do any OOHs sessions, however the rural fellows may wish to work in the local OOHs service in addition to their rural fellow role. This would be paid in addition to their rural fellow salary. Attendance at the BASICs course would be expected before covering OOHs in rural areas. Fellows are expected as part of their educational programme to gain experience in Out of Hours and Emergency Care.

## **Supervision in Practice**

A principle will be identified as a mentor/supervisor in the practices where the service commitment has been agreed, and will be available to the Fellow when working in other rural practices.

## **Education in Practice**

Fellows will be expected to join in with the educational activities available within the practices that they are working.

## **Local Educational Opportunities**

A variety of regional educational activities are available including courses such as Advanced Life Support and attachment potential in various part of Highland. The Rural Fellow will also be able to attend local events, along with various local meeting meetings/webinars