

Oban , Mull and Iona and Tiree Rural Fellowship Prospectus 2024/25



We are excited to offer this Rural Fellowship for the third year. We have brought together a range of placements in Oban, Mull and Iona and the Isle of Tiree. You will help us shape the Programme towards your particular needs. We are offering a diverse experience with lots of opportunities for you to decide where your main learning needs might be and build a job plan to test out your future career.

So what might attract you to considering us as a starting point in your Rural career?

Oban



Lorn Medical Centre in Oban is a thriving GP practice with a list size of 11,200 and lots of experience in GPST training. We have three Partners who are approved Educational Supervisors. Working in Oban allows you to maintain the skills required of a busy semi-rural GP with the advantages of working within an extended Primary Health care team. We have an extended nursing team with ANPS, first contact physiotherapists, primary mental health practitioners, an advanced paramedic practitioner who also works with us on Mull, a Frailty team and pharmacy support. We provide diving medicine cover and training for the only NHS approved Hyperbaric Chamber on the west coast of Scotland. One of our GP Partners is a member of the Oban Mountain rescue team and the practice has a long association with the RNLI.

Mull and Iona



In June 2020 Lorn Medical Centre accepted responsibility for the Mull and Iona Medical Group from NHS Highland. We have established a core group of committed salaried GPs who would welcome and support a Rural Fellow. We have both GP educational supervisors and former Rural Fellows working with us on Mull. The three practices are merged into one and though you might be working in Bunessan covering the Ross of Mull and Iona on your own, you are never far from clinical advice and support from your colleagues through our Teams based Huddles and messaging service. Or you could be based at our new dispensing surgery in Mull and Iona Community Hospital, with the added challenge of managing patients in our 3 beds and the 2 bedded A&E room. Tobermory is a larger practice with a wider team and allows you to experience a rural practice in remote town setting. You will gain experience working with ScotStar retrieval service for medical evacuations and clinical support.

Tiree



This placement offers experience in a smaller remote Island with 24/7 on call responsibility. You will gain insight of what it might feel like to be a single handed GP within a very supportive team. The GPs based here are enthusiastic about passing on their skills and already have a full-time Scotgem Student attached to the Practice. Placements on Tiree are likely to be in the summer out with term times. Experiencing living and working in a very remote community where everyone knows you are the Doctor will let you discover how you cope with the demands and rewards this entails.

Lorn and Islands Rural General Hospital



Much of the anxiety of becoming a Rural GP surrounds the management of acute emergencies on your own. Our GPSTs learn so much from managing patients with only consultant support, we believe that study time spent in A&E at LIRGH may be attractive to our Rural Fellow. Developing airway skills from our Anaesthetists and getting to work with the Rural Consultants in Medicine, Surgery and Radiology is an added learning opportunity. Daytime shifts with a Rural Emergency Practitioner supporting the junior doctors will help develop educational and leadership skills. The additional option of attending clinics in Paediatrics, Orthopaedics, ENT, Ophthalmology, Dermatology and Psychiatry will help develop the extended skills expected of a Rural GP based on your own learning needs.

OOH

This is considered an essential part of being a Rural GP and sets us apart from our urban based colleagues. All OOH work is fully remunerated and will be an important source of additional income based on how much you choose to do. At all times you will have someone nominated to call on for advice. Working and training to provide diving medicine on call support for the hyperbaric recompression chamber may also be available for anyone with a particular interest.

If you are interested in this post or would like further information please email lmc.health@nhs.scot with Rural Fellow in the subject heading. We would encourage you to arrange to speak with one of our GP mentors and our current Rural Fellow if you are interested in this post.