

F1 Checklist

This checklist should be used in conjunction with the [Foundation Programme Curriculum](#) and your e-portfolio. It does not need to be uploaded to your e-portfolio and does not replace the need to complete your e-portfolio, but you may find it useful to help you keep track of your progress.

Supervised Learning Events (SLEs)

Block 1	
Case-based Discussion (CbD)	
Case-based Discussion (CbD)	
Direct Observation of Procedure (DOPS)	
Mini Clinical Evaluation Exercise (Mini-Cex)	
Mini Clinical Evaluation Exercise (Mini-Cex)	

Block 2	
Case-based Discussion (CbD)	
Case-based Discussion (CbD)	
Direct Observation of Procedure (DOPS)	
Mini Clinical Evaluation Exercise (Mini-Cex)	
Mini Clinical Evaluation Exercise (Mini-Cex)	

Block 3	
Case-based Discussion (CbD)	
Case-based Discussion (CbD)	
Direct Observation of Procedure (DOPS)	
Mini Clinical Evaluation Exercise (Mini-Cex)	
Mini Clinical Evaluation Exercise (Mini-Cex)	

Developing the Clinical Teacher (DCT)	
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Team Assessment of Behaviours (TAB)

Satisfactory TAB	
Satisfactory TAB	

GMC Core Procedures

Venepuncture	
IV Cannulation	
Prepare and administer IV medication and injections and fluids	
Arterial puncture in an adult	
Blood culture (peripheral)	
IV infusion including the prescription of fluids	
IV infusion of blood and blood products	
Injection of local anaesthetic to skin	
Subcutaneous injection	
Intramuscular injection	
Perform and interpret and ECG	
Perform and interpret peak flow	
Urethral catheterisation (male)	
Urethral catheterisation (female)	
Airway care including simple adjuncts	

Supervisor's Reports

Block 1	
Supervisor's Induction (either Clinical and Educational or Combined)	
Supervisor's End of Placement Report (either Clinical and Educational or Combined)	

Block 2	
Supervisor's Induction (either Clinical and Educational or Combined)	
Supervisor's End of Placement Report (either Clinical and Educational or Combined)	

Block 3	
Supervisor's Induction (either Clinical and Educational or Combined)	
Supervisor's End of Placement Report (either Clinical and Educational or Combined)	

Certificates

Intermediate Life Support (ILS)	
Prescribing Safety Assessment (PSA)	

Teaching

30 hours core teaching attendance (space below for notes)	
30 hours non-core learning (space below for notes)	

Curriculum Coverage

Evidence should be provided to demonstrate that each of the 20 Foundation Professional Capabilities have been met to the appropriate standard for F1. The below checklist can be used to check that evidence has been provided for all capabilities. Each capability can have linked to it a maximum of 5 portfolio items and must have linked to it at least 1 portfolio item. Each portfolio item can be linked to a maximum of 5 capabilities.

Acts professionally	
Delivers patient centred care and maintains trust	
Behaves in accordance with ethical and legal requirements	
Keeps practice up to date through learning and teaching	
Demonstrates engagement in career planning	
Communicates clearly in a variety of settings	
Works effectively as a team member	
Demonstrates leadership skills	
Recognises, assesses and initiates management of the acutely ill patient	
Recognises, assesses and manages patients with long term conditions	
Obtains history, performs clinical examination, formulates differential diagnosis and management plan	
Requests relevant investigations and acts upon results	
Prescribes safely	
Performs procedures safely	
Is trained and manages cardiac and respiratory arrest	
Demonstrates understanding of the principles of health promotion and illness prevention	
Manages palliative and end of life care	
Recognises and works within limits of personal competence	
Makes patient safety a priority in clinical practice	
Contributes to quality improvement	

QI/QA

QI/QA Involvement	
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Surveys

Block 1	
Scottish Trainee Survey (STS)	

Block 2	
Scottish Trainee Survey (STS)	

Block 3	
GMC National Trainee Survey (NTS)	

Other

Absence declaration	
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