## **ST3 Educational Release Programme (ERP) 2019/2020: ESSENTIAL PROGRAMME**

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| **Proposed Timetable - ST3 (excluding QIP) 2019-2020** |
| ***Date*** | ***Session Name*** |
| 21st August 2019 | Induction (Aug Cohort) |
| 28th August 2019 | ERP Gp A and Gp B am - Complexity and Risk Group |
| 4th September 19 | QIP - Self Facilitated (Feb 2019 Group) |
| 11th September 2019 | PBSGL am |
| 12th September 2019 | PBSGL Facilitator Training |
| 18th September 2019 | ERP - CSA All Day (Aug 19 Cohort) |
| 25th September 2019 | PBSGL am |
| 2nd October 2019 | ERP Gp A am - Patient Safety / SEA |
| 8th October 2019 | Formative CSA Day (Aug Cohort) 1 session  |
| 9th October 2019 |
| 10th October 2019 |
| 11th October 2019 |
| 16th October 2019 | ERP am - Large Group Adverse Childhood Events & Deprivation |
| 23rd October 2019 | ERP Gp B am - Patient Safety / SEA |
| 30th October 2019 | PBSGL am |
| 13th November 2019 | ERP Gp A am - Our Problem Cases |
| 20th November2019 | ERP - QIP Introduction Large Group All Day (Aug 2019 Group) |
| 27th November 2019 | ERP Gp B am - Our Problem Cases |
| 4th December 2019 | QIP - Presentation session (Feb 2019 Group) |
| 11th December 2019 | PBSGL Gp B only am |
| 11th December 2019 | ERP Gp A am - Medical Humanities |
| 18th December 2019 | ERP Gp B am - Medical Humanities |
| 18th December 2019 | PBSGL Gp A only am |
| 8th January 2020 | ERP am - Prescribing Large Group |
| 15th January 2020 | PBSGL am |
| 22nd January 2020 | PBSGL am |
| 5th February 2020 | Induction (Feb Cohort) |
| 5th February 2020 | ERP Gp A am - Good Enough GP |
| 19th February 2020 | PBSGL am |
| 26th February 2020 | ERP Gp B am - Good Enough GP |
| 4th March 2020 | PBSGL am |
| 11th March 2020 | ERP am - Domestic Abuse Large Group ERP pm Health & Social Care integration |
| 18th March 2020 | ERP - QIP Introduction Large Group (Feb 2020 Group) All Day |
| 1st April 2020 | ERP - CSA All Day (Feb Cohort) |
| 8th April 2020 | ERP Gp A am - Working In Teams |
| 8th April | PBSGL am |
| 15th April 2020 | PBSGL am |
| 29th April 2020 | ERP Gp B am - Working In Teams |
| 1st May 2020 | Formative CSA Day (Feb Cohort) |
| 6th May 2020 | ERP Gp A am - Hot Topics |
| 13th May 2020 | ERP Gp B am - Hot Topics |
| 22nd May 2020 | ERP am - Prescribing Large Group |
| 26th May 2020 | ERP - Careers Day All Day |
| 3rd June 2020 | ERP Gp A am - Professionalism |
| 10th June 2020 | ERP Gp B am - Professionalism |
| 2nd July 2020 | PBSGL am |
| 15th July 2020 | PBSGL am |
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**Optional Courses**

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| Managing & Thriving in GP | tbc |
| Psychiatry Programme (drop in to any session sign up via Portal) | 05/09, 03/10, 10/10, 31/10, 14/11, 05/12, 19/12, 09/01, 16/01, 30/01Programme repeats05/03, 19/03, 26/03, 02/04, 30/04, 21/05, 28/05, 11/06, 25/06, 02/07  |
| Clinical Day – Paediatrics (Spotting the sick child) **ONLY IF NO PAEDS IN YOUR ROTATION**  | 17th March 2020 |
| Clinical Day – Paediatrics (Managing long-term and complex conditions) **ONLY IF NO PAEDS IN YOUR ROTATION**  | 5th November 2019 |
| Clinical Day – Obs + Gynae **ONLY IF NO O/G IN YOUR ROTATION**  | Tbc |
| Advanced Ethics | 30th April 2020 |
| Dr as Teacher (attend 2-day course once) | Tbc |
| Occupational Medicine  |  27th May 2020 & 17th June 2020 |

**AIMS AND OBJECTIVES FOR ST3 SMALL GROUP FACILITATED SESSIONS 2019/20**

**COMMUNICATION AND CONSULTATION SKILLS – overarching theme**

**Aim**: To develop excellent life-long consultation skills relevant to General Practice.

**Objectives:**

* To encourage the flexible use of a variety of consultation models.
* Use role play to help develop consulting skills for use in CSA and beyond.
* To increase Registrars confidence in managing challenging consultations.

**SESSION 1: COMPLEXITY AND RISK**

**Aim:** Recognise that complexity and risk are inevitable in general practice and need to be managed.

**Objectives:**

* Discuss the context of managing uncertainty and risk in primary versus secondary care
* Understand how we make complex decisions
* Discuss the affective component of managing risk

**SESSION 2: PATIENT SAFETY AND SEA’S**

**Aim:** Develop an understanding of the importance of patient safety and the role SEA’s have in enhancing this.

**Objectives:**

* Discuss the tension between balancing risk and maintaining patient safety
* Recognise the importance of humility when discussing SEA’s
* Analyse how the safety climate survey supports patient safety

**SESSION 3: OUR PROBLEM CASES**

**Aim:** Develop an understanding of the benefits of case discussion analysis in small groups.

**Objectives:**

* Understand the value of random case analysis in uncovering unknowns
* Discuss using perceptual positions to enhance problem case analysis

**SESSION 4: MEDICAL HUMANITIES**

**Aim:** To develop an understanding of how engagement with humanities can help us better understand ourselves and our patients.

**Objectives:**

* Use the arts as a tool to develop self-understanding and understanding our patients.

**SESSION 5: BEING A GOOD ENOUGH GP**

**Aim:** Recognise that being a good enough GP is a very worthwhile goal.

**Objectives:**

* Analyse what makes a good enough GP
* Develop qualities to help enable a balance between personal and professional needs
* Discuss how resisting perfectionism helps us stay in the game

**SESSION 6: WORKING IN A TEAM**

**Aim:** To understand the value of team work in primary care

**Objectives:**

* Discuss who the team is and the evolving nature of teams in primary care
* Analyse the pro’s and con’s of working in a team
* Evaluate the leadership role of the GP within the team

**SESSION 7: HOT TOPICS**

**Aim:** Using medical literature to develop our understanding of hot topics in general practice.

**Objectives:**

* Use medical literature to facilitate our understanding of the wide range of current issues, clinical and political, in general practice
* Raise awareness of the importance of engaging with medical literature to help us maintain our knowledge and skills

**SESSION 8: PROFESSIONALISM**

**Aim:** Develop an understanding of the professional behaviour required to be a good enough GP

**Objectives:**

* Re-visit medical ethics
* Discuss ways of maintaining fitness to practice when things get challenging
* Discuss what being a doctor means to you

**PBSGL & SELF-DIRECTED SESSIONS (12)**

**Aim:**

* To utilise Scottish PBSGL modules, guided by a peer PBSGL facilitator.
* To provide an arena for peer bench-marking, peer support and clinically focussed trainee led learning, linking in with facilitated session content
* To provide an arena in which trainees can undertake CSA small group practice, role play.