



UNIVERSITY OF LEEDS

The Leeds course in **Clinical Nutrition**

Wednesday 11 - Friday 13 September 2019

Early registration recommended

What our previous delegates say:

“Excellent course, great for all nurses, dieticians and doctors.”

“An excellent, practical course for anyone involved in providing nutrition for their patient.”

“This course should be mandatory for all gastroenterologists, it has more than doubled my knowledge and confidence”

“Fantastic, comprehensive, experienced practical speakers.”



The Leeds Course in Clinical Nutrition' (code: 124708) has been approved by the Federation of the Royal Colleges of Physicians of the United Kingdom for 17 category 1 (external) CPD credit(s).

The Leeds course in Clinical Nutrition

Wednesday 11 – Friday 13 September 2019

Course director

Dr Clare Donnellan
Consultant Gastroenterologist,
The Leeds Teaching Hospitals NHS Trust

Course aims

The course is specifically designed to provide a thorough grounding in all aspects of clinical nutrition and:

- summarise national nutrition drivers to provide a foundation for the course
- increase awareness of nutritional compromise and its consequences; give practical guidance on assessment of patients, and discuss particular patient groups (surgical patients, those with irritable bowel syndrome, renal disease, eating disorders and liver disease)
- discuss practicalities of feeding in terms of ethics, different methods of feeding and understand more about different techniques to give artificial nutrition
- establish principles of nutritional importance in extreme clinical situations (short bowel syndrome, refeeding syndrome, parenteral nutrition).

Who should attend?

The Leeds course in Clinical Nutrition is aimed at all professions with an interest in Clinical Nutrition and will appeal to clinicians, dietitians, doctors, hospital pharmacists, nursing staff and others with interest in patient nutrition.

Exhibition and sponsorship opportunities

As in previous years, there will be a small exhibition of related products from the pharmaceutical, equipment and food industries. Exhibition spaces are limited due to venue capacity and companies wishing to reserve a stand should contact the CPD, Conference and Events Unit as soon as possible. Sponsorship opportunities are also available on request.

Course accreditation

The Leeds course in Clinical Nutrition' (code: 124708) has been approved by the Federation of the Royal Colleges of Physicians of the United Kingdom for 17 category 1 (external) CPD credit(s).

The course has also been endorsed by BAPEN, British Dietetic Association, British Society of Gastroenterology and the National Nurses Nutrition Group.

BDA endorsement applies only to the educational content of the learning activity.



Wednesday 11 September 2019

Assessment

08.45 Registration and refreshments

09.15 Welcome and introduction

Dr Clare Donnellan,
Course Director,
Consultant Gastroenterologist,
Leeds Teaching Hospitals NHS Trust

09.30 Nutrition and risk – what can we do?

Dr Clare Donnellan,
Course Director,
Consultant Gastroenterologist, Leeds
Teaching Hospitals NHS Trust

10.05 Estimating nutritional requirements

Jo Scantlebury,
Senior Specialist Dietician,
Leeds Teaching Hospitals NHS Trust

10.45 Coffee and exhibition

11.05 Multidisciplinary Team Workshops Assessing nutritional status

- Normal BMI
- Obese
- Very underweight

12.25 Lunch and exhibition

Different clinical scenarios

13.25 Short bowel syndrome

Dr Cathryn Preston,
Bradford Teaching Hospitals
NHS Foundation Trust

14.05 Obesity / bariatric surgery

Mary O'Kane, Consultant Dietitian
(Adult Obesity), Leeds Teaching
Hospitals NHS Trust

14.45 Refreshments and exhibition

15.15 Dietary management of IBS

Anita Sainsbury, Consultant, Leeds
Teaching Hospitals NHS Trust

16.00 Nutrition and the liver patient

Dr Charlie Millson,
Consultant Gastroenterologist,
York District Hospital

16.45 Summary of day one

Dr Clare Donnellan,
Course Director,
Leeds Teaching Hospitals
NHS Trust

17.00 End of day one

19.00 Course dinner

Thursday 12 September 2019

Enteral feeding and difficult feeding

08.15 Refreshments

08.30 Practicalities of enteral feeding

Alison Young,
Consultant Nutrition Nurse,
The Royal Liverpool and Broadgreen

09.10 Nutrition and eating disorders

Dr William Rhys Jones,
Consultant Psychiatrist,
Yorkshire Centre for Eating
Disorders, Leeds

10.00 Refreshments and exhibition

Workshops

10.30 Workshop session 1

- PEGs/gastrostomy tubes including buried bumpers, measuring tubes etc.
- NGs, nasal bridles
- Drugs via NG tubes
- Jejunal feeding tubes

11.15 Workshop session 2

12.00 Workshop session 3

12.45 Workshop session 4

13.30 Lunch and exhibition

Nutrition in special circumstances

14.15 Psychological aspects of home parenteral nutrition

Dr Yoram Inspector,
Consultant Psychiatrist in
Psychotherapy, St Mark's Hospital,
London North West Healthcare
NHS Trust

15.00 Managing nutrition in the complex EDS patient

Dr Charlotte Pither,
Consultant in Gastroenterology,
Intestinal Failure and Clinical
Nutrition, Norfolk and Norwich
University Hospitals NHS
Foundation Trust

15.40 Tea and exhibition

16.00 Ethics of feeding

Dr Andrew Rochford,
Consultant Gastroenterologist,
Barts Health NHS Trust

16.40 Nutrition and the surgical patient

Mr Dermot Burke,
Consultant General
and Colorectal Surgeon,
Leeds Teaching Hospitals NHS Trust

17.15 Summary of day two

Dr Clare Donnellan,
Course Director,
Dr Peter Mooney,
Leeds Teaching Hospitals NHS Trust
End of day two

Friday 13 September 2019

Paediatric consequences, ethics and parenteral nutrition

08.45 Refreshments

09.00 Paediatric surgery and nutritional consequences for children and adults

Ian Sugarman,
Consultant Paediatric Surgeon,
Leeds Teaching Hospitals NHS Trust

09.45 Preventing the refeeding syndrome

Dr Jeremy Nightingale,
Consultant Gastroenterologist,
St Mark's Hospital,
London North West Healthcare
NHS Trust

10.25 Refreshment break

10.45 Pharmacy and parenteral nutrition

Sarah Zeraschi,
Consultant Pharmacist Nutrition,
Leeds Teaching Hospitals NHS Trust

11.25 Nutrition in IBD

Dr Peter Mooney,
Consultant Gastroenterologist
(Nutrition), Clinical Lead for
Gastroenterology
St James University Hospital,
Leeds Teaching Hospitals
NHS Trust

12.05 Lunch

Parenteral nutrition

Workshops

13.00 Workshop session 1

- Short Bowel Syndrome
- PN issues – working out requirements
- Management of abnormal LFTs

13.45 Workshop session 2

14.30 Refreshment break

14.45 Workshop session 3

15.30 Kullavanijaya International Guest Lecture: Managing home parenteral nutrition

Dr Antje Teubner,
Associate Specialist IFU,
Salford Royal NHS Foundation

16.30 End of day three and course,
issue of certificates

Further details and online registration now available at <https://tinyurl.com/nutrition-leeds>

Further information

Venue

The venue for the course is the Faculty of Engineering at the University of Leeds, Woodhouse Lane, Leeds, LS2 9JT. Directions to the venue will be provided within the delegate joining instructions. The nearest public car park is 15 minutes from the venue and Leeds train station is approximately 20 minutes walk to Campus.

Course Fees

The course fee includes the cost of tuition, course materials, lunches, light refreshments and the course dinner on Wednesday evening.

£505 NHS employee/academic staff
£675 Others. A discount fee is available for BSG members, please contact Katie Warner for details.

Accommodation

You're responsible for organising your own evening meals and accommodation, except on Wednesday when the course dinner is included. A list of hotels close to the University is available and will be provided in the delegate joining instructions.

Course Dinner

The course dinner will be held at a Leeds city centre restaurant and is included in the course fee. This will take place on Wednesday evening and you are responsible for making your own way to and from the restaurant. The dress code is smart casual. If you would like to attend please indicate when booking.

Accessibility

Please let us know if you have any specific requirements including any access or dietary requirements in relation to this course.



How to Book

You can book your place via our secure online store using debit or credit card or by completing a manual registration form to pay via invoice. Please follow the guidance below on how to complete your booking:

Online Booking

1. Log on to our Online Store at: <https://store.leeds.ac.uk>
2. Select Conferences and Events in the left-hand navigation bar.
3. Select CPD Pharmaceutical and Healthcare courses
4. Select the course or event for which you wish to register and click on 'Book'.
5. If you are a new user, please follow the instructions to register. If you already have an account log in as instructed.
6. Complete the application process as directed by the booking system.

You will receive an automatic confirmation email within 24 hours of your booking. Our privacy notice tells you what to expect us to do with your personal information when you make contact with us or use one of our services:

<https://tinyurl.com/CPD-Privacy-Notice>

Manual Registrations

1. Please email clinicalnutrition@leeds.ac.uk to request a registration form or call Katie Warner on **+44 (0)113 343 8104**
2. Send your completed registration form along with payment or purchase order document to the address below.

Payment can be made by bank transfer, debit/credit card, or by cheque made payable to the 'University of Leeds'. Please note that if you have requested an invoice, registrations received without a supporting purchase order document cannot be processed. Terms of payment are 30 days from date of invoice, however fees must be received prior to the course commencement.

For online booking queries and for all other enquiries please contact:

Katie Warner – Course coordinator

CPD, Conference & Events Unit

Faculty of Engineering

School of Chemical and Process Engineering 3.11

University of Leeds

LEEDS, LS2 9JT, UK

T: + 44 (0) 113 343 8104

E: clinicalnutrition@leeds.ac.uk

W: <https://tinyurl.com/nutrition-leeds>

 @LeedsUniCPD

 CPD, Conference and Events Unit, University of Leeds

Terms and conditions for booking

Payment in full should accompany your booking unless you have requested to pay by invoice (in which case a valid purchase order document must accompany your registration). Terms of payment are 30 days from date of invoice, however fees must be received prior to the course commencement. Failure to pay may result in attendance being refused. Registrations are accepted on the understanding that the printed programme is given in good faith but may have to be re-scheduled or the speakers changed for reasons outside our control. The University of Leeds reserves the right to cancel or postpone the course, in which case fees will be refunded in full. In the event of cancellation, the University will not be held liable for delegates travel or accommodation expenses. Delegates will receive a full refund for cancellations made within 7 days of online booking, except where the booking has been made for an event commencing within the next 7 days. Where a delegate wishes to cancel a registration after this 7 day period, written cancellations received up to 15 working days before the course will be subject to an administrative charge of 20% of the total remittance. After this date the full fee is chargeable and no refunds will be made, this also applies for non-attendance but copies of the course documents will be sent. Substitutions may be made at any time. The CPD Unit take your privacy seriously and we will only use your information to provide information on our CPD courses and relevant engineering events. We will not pass your details to any other organisations. If you have opted in to receive details of future CPD courses from us you can unsubscribe at any time by emailing us at clinicalnutrition@leeds.ac.uk and your details will be removed from our database.