## Supplementary Information for the Isle of Arran Rural Fellowship (NHS Ayrshire and Arran) 2019





The Isle of Arran has hosted a highly successful GP Rural Fellowship Programme since 2002. The Arran GP Fellowship offers qualified GPs a year of supported training in rural practice. The post is well suited to newly qualified GPs but it can also offer more experienced GPs a pathway into remote and rural practice.

**Location**: The Isle of Arran is an island approximately 20 miles long by 10 miles wide, with a resident population of 5000. It is a beautiful island often described as 'Scotland in miniature' due to its mountainous north and lush, green farmland in the south. It is highly accessible with the main ferry access from Ardrossan in Ayrshire (55 minutes). Glasgow is a 40 minute drive from the ferry. It is a popular tourist destination, and has a much increased population in summer months. There is a wealth of opportunity for outdoor activities including first class sailing, climbing and walking, equestrian activity, road and mountain biking.

More than half of our GPs are previous Fellows, so we're well acquainted with how to make the year work well! The work on Arran is varied and interesting and includes dispensing and non-

dispensing sites spread around the island. The community hospital is a central part of healthcare on the Island and allows the development/maintenance of A&E and inpatient care skills.

The Fellow will spend the year working at Arran Medical Group (AMG) on the Isle of Arran as an integral part of the team - you will not be used for plugging leave gaps. The plan for the year will be discussed and agreed at the beginning of the attachment, and it is intended to give the Fellow opportunity to provide continuity of care with work similar to the AMG GP Principals. There is a generous study leave entitlement, and the opportunity to visit and work at other remote/rural locations.

**Arran Medical Group:** AMG provides all GP services Arran, and was formed in 2012 with the merger of three smaller surgeries. We are a dynamic and forward-looking practice aiming to be at the forefront of Remote and Rural healthcare and education. In addition to providing a wide range of Primary Care services, AMG holds responsibility for medical provision at the island's community hospital and has a contract to provide an Out of Hours services for primary care, A&E, inpatient care and forensic medical examination. The practice is a Training Practice.

**Duties:** These will encompass the full range of rural general practice. The Fellow will be expected to play a full part in all aspects of the practice, including work at Arran War Memorial Hospital, in Lamlash.

**OOHs Element:** Unscheduled Care is an integral element of practice on Arran. Most GPs here find it a stimulating and enjoyable part of practice. Rural fellows will participate in the OOH rota and this is remunerated over and above the Rural Fellow Salary. The rota is flexible and fellows have appreciated the extra income and ability to work it around any educational/other leave. A senior GP can be on call alongside Rural Fellows for a mutually agreed period.

**Supervision in practice**: GP Principal Elizabeth Guthrie will be your mentor in addition to any national mentoring arrangements.

**Education in practice**: Fellows will be encouraged to join in with the educational activities available within the practices, including a local postgraduate programme and Practice Based Small Group Learning.

**Local Educational Opportunities**: A variety of regional educational activities are available including updates in emergency care and secondary care attachment potential in the area.

**Protected educational time:** This will be organised in conjunction with the service elements of the posts and with the Rural Fellowship Co-ordinator. Fellows will have the opportunity to negotiate additional experience in secondary care, remote practices and to undertake specific course activity as available. Fellows will also be expected to attend the meetings of the Scottish Rural Fellows Group three times during the year.

This Job Description is provisional and may be subject to change in discussion with the Fellow, Arran Medical Group and NES.

Further information at: <a href="http://join.arranmedical.co.uk">http://join.arranmedical.co.uk</a>

Applicants with a potential interest in the Arran post are encouraged to make contact for further discussion by phone, email, or a visit to the practice. We'll be delighted to show you around our surgeries, the hospital and for you to meet our team including current and former Fellows.

## **Contacts:**

 $\label{eq:cotons} \textbf{Dr Elizabeth Guthrie:} \ \underline{\textbf{Elizabeth.guthrie@aapct.scot.nhs.uk}}$ 

01770 600 516

Dr Greg Hamill: <a href="mailto:greg.hamill@aapct.scot.nhs.uk">greg.hamill@aapct.scot.nhs.uk</a>

01770 600 516













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