**GPST1 Out of Hours Training – Lothian Unscheduled Care Service (LUCS)**

Dear Trainee

From August 2018 to February 2019 your Out of Hours General Practice Training will be arranged by Lothian Unscheduled Care Service (LUCS). You will be expected to complete a minimum of thirty six hours over the six months. The thirty six hours will be made up of seven sessions - an induction session and six clinical sessions.

**Session 1– Wednesday 22nd August - WGH– Introduction to Out of Hours care and Lothian Unscheduled Care Service**

This session will only be run once and attendance is mandatory. The session will be held in the Student Common Lounge, 3rd floor WGH commencing at 18:30. The session aims to give you an overview of LUCS and to highlight the challenges of Out of Hours care. **You must book a place at this session via Portal.**

**Sessions 2-6 - OOH Sessions at a PCC**

These will be arranged from September to February. Your Educational Supervisor will be asked whether you have reached a suitable standard of clinical competency to see patients, supervised by a trained LUCS OOH Supervising Clinician, at the OOH centres.

The sessions will be a mixture of midweek evening, weekend day shifts and one overnight shift (towards the end of your six months). The sessions will vary in length from four to eight hours. You will be contacted by Cathy Grant at LUCS in due course and she will explain how to check your shift allocation as well as sending you an induction pack.

The six RCGP competencies that you are working towards achieving during your 18 months in General Practice are described in the RCGP Curriculum under the heading "Care of Acutely Ill People" as follows:

1. Ability to manage common medical, surgical and psychiatric emergencies in the out-of-hours setting.
2. Understanding of the organisational aspects of NHS out of hours care.
3. Ability to make appropriate referrals to hospitals and other professionals in the out-of-hours setting.
4. Demonstration of communication skills required for out-of-hours care.
5. Individual personal time and stress management.
6. Maintenance of personal security and awareness and management of the security risks to others

Please use the OOH Feedback Form (available on both the LUCS intranet site and in the induction pack) to record your attendance at each shift, your supervisor’s feedback and your reflection and learning points. Once completed this form should be uploaded to your e-portfolio as evidence that you have met the training requirements for OOH work.

Your Educational Supervisor will also involve you in other situations both OOH and also dealing with the care of acutely ill people which should also be documented under this competency heading and also where appropriate under OOH (where work has been carried out before 8.30am or after 6.30pm).

I look forward to meeting you on the 22nd August when there will be plenty of opportunity to discuss any questions you may have.

Best wishes,

Guy

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