## **EDUCATIONAL RELEASE ESSENTIAL PROGRAMME 2018-19**

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## **ST3 Educational Release Programme (ERP) 2018-19 GROUP A: ESSENTIAL PROGRAMME**

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| **Date** | **Topic** |
| **1st August 2018** | Induction |
| 22nd August 2018 | Morning meeting in Programme Group **(Intro: Complexity & Risk)** |
| 6th September 2018 | PBGSL Facilitator Training |
| 12th September 2018 | Morning meeting in Programme Group (PBSGL - self-directed) |
| **19th September 2018** | CSA all day |
| 26th September 2018 | Morning meeting in Programme Group (PBSGL - self-directed) |
| 3rd October 2018 | Morning meeting in Programme Group  **(Patient Safety/SEA)** |
| **10th - 12th October 2018** | Formative CSA Days **attend 1 session** |
| **17th October**  **Whole Group** | Morning meeting for all ST3 Programme Groups **(Adverse Childhood Events & Deprivation)** |
| 31st October 2018 | Morning meeting in Programme Group (PBSGL - self-directed) |
| 7th November 2018 | Morning meeting in Programme Group **(Our problem cases)** |
| **21st November 2018** | QIP Introduction Day |
| 5th December 2018 | Morning meeting in Programme Group **(Medical Humanities)** |
| **12th December 2018**  **Whole Group** | Morning meeting for all ST3 Programme Groups **(Health & Social Care Integration)** |
| **19th December 2018** | Morning meeting in Programme Group (PBSGL - self-directed) |
| Christmas Break | |
| 9th January 2019 | Morning meeting in Programme Group (PBSGL - self-directed) |
| 16th January 2019 | Morning meeting in Programme Group  (PBSGL - self-directed) |
| **23rd January 2019** | Morning meeting for all ST3 Programme Groups **(Prescribing) EITHER this one** |
| **6th February 2019 FEB START ONLY** | **Induction for February COHORT only starts**  Morning meeting in Prog Group (PBSGL – Self-directed) |
| 13th February 2019 | Morning meeting in Programme Group **(Good Enough GP)** |
| **20th February 2019** | Morning meeting for all ST3 Programme Groups **(Prescribing) OR this one** |
| **6th March 2019**  **Whole Group** | Morning meeting for all ST3 Programme Groups **(Domestic Abuse)** |
| 20th March 2019 | Morning meeting in Programme Group  (PBSGL - self-directed) |
| **3rd April 2019 FEB START ONLY** | **CSA all day for February starts** **ONLY**  Morning meeting for all ST3 Prog Groups (PBSGL – self-directed) |
| 10th April 2019 | Morning meeting in Programme Group **(Working in Teams)** |
| 1st May 2019 | Morning meeting in Programme Group  (PBSGL - self-directed) |
| 3rd May 2019 | Formative CSA for February starts ONLY |
| 8th May 2019 | Morning meeting in Programme Group **(Hot Topics)** |
| **28th May 2019**  **Whole Group** | Careers Day |
| 5th June 2019 | Morning meeting in Programme Group **(Professionalism)** |
| 3rd July 2019 | Morning meeting in Programme Group  (PBSGL - self-directed) |
| 17th July 2019 | Morning meeting in Programme Group  (PBSGL - self-directed) |

**Optional Courses**

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| QIP (signed up to project) | 21/11, 30/01, 13/03, 27/03, 26/06 |
| Managing & Thriving in GP | 24/04/19 |
| Psychiatry Programme (drop in to any session sign up via Portal) | 06/09, 27/09, 25/10, 15/11, 06/12, 17/01 |
| Clinical Day – Paediatrics (Spotting the sick child) **ONLY IF NO PAEDS IN YOUR ROTATION** | 31/10/18 |
| Clinical Day – Paediatrics (Managing long-term and complex conditions) **ONLY IF NO PAEDS IN YOUR ROTATION** | 16/01/19 |
| Clinical Day – Obs + Gynae **ONLY IF NO O/G IN YOUR ROTATION** | 13/11/17, |
| Advanced Ethics | 02/05/19 |
| Dr as Teacher (attend 2-day course once) | 20/03 & 22/05 |
| Occupational Medicine (2 day course) | 29/05, & 19/06 |

## **ST3 Educational Release Programme (ERP) 2018-19 GROUP B: ESSENTIAL PROGRAMME**

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| --- | --- |
| Date | Topic |
| **1st August 2018** | Induction |
| 29th August 2018 | Morning meeting in Programme Group **(Intro: Complexity & Risk)** |
| 6th September 2018 | PBGSL Facilitator Training |
| 12th September 2018 | Morning meeting in Programme Group  (PBSGL - self-directed) |
| **19th September 2018** | CSA all day |
| 26th September 2018 | Morning meeting in Programme Group  (PBSGL - self-directed) |
| **10th12th October 2018** | Formative CSA Days |
| **17th October** | Morning meeting for all ST3 Programme Groups **(Adverse Childhood Events & Deprivation)** |
| 24th October 2018 | Morning meeting in Programme Group  **(Patient Safety/SEA)** |
| 31st October 2018 | Morning meeting in Programme Group  (PBSGL - self-directed) |
| **21st November 2018** | QIP Introduction Day **(essential)** |
| 28th November 2018 | Morning meeting in Programme Group **(Our problem cases)** |
| 5th December 2018 | Morning meeting in Programme Group  (PBSGL - self-directed) |
| **12th December 2018**  **Whole Group** | Morning meeting for all ST3 Programme Groups **(Health & Social Care Integration)** |
| 19th December 2018 | Morning meeting in Programme Group **(Medical Humanities)** |
| Christmas Break | |
| 9th January 2019 | Morning meeting in Programme Group  (PBSGL - self-directed) |
| 16th January 2019 | Morning meeting in Programme Group  (PBSGL - self-directed) |
| **23rd January 2019** | Morning meeting for all ST3 Programme Groups **(Prescribing) EITHER this one** |
| **6th of February 2019** | **Induction for February COHORT only starts**  Morning meeting in Prog Group (PBSGL – Self-directed) |
| **20th February 2019**  **Whole Group** | Morning meeting for all ST3 Programme Groups **(Prescribing) OR this one** |
| 27th February 2019 | Morning meeting in Programme Group **(Good Enough GP)** |
| **6th March 2019**  **Whole Group** | Morning meeting for all ST3 Programme Groups **(Domestic Abuse)** |
| 20th March 2019 | Morning meeting in Programme Group  (PBSGL - self-directed) |
| **3rd April 2019** | **CSA all day for February starts** **ONLY**  Morning meeting for all ST3 Prog Groups (PBSGL – self-directed) |
| 17th April 2019 | Morning meeting in Programme Group **(Working in Teams)** |
| 1st May 2019 | Morning meeting in Programme Group  (PBSGL - self-directed) |
| **3rd May 2019** | Formative CSA for February starts ONLY |
| 15th May 2019 | Morning meeting in Programme Group **(Hot Topics)** |
| **28th May 2019**  **Whole Group** | Careers Day |
| 12th June 2019 | Morning meeting in Programme Group **(Professionalism)** |
| 3rd July 2019 | Morning meeting in Programme Group  (PBSGL - self-directed) |
| 17th July 2019 | Morning meeting in Programme Group  (PBSGL - self-directed) |

**Optional Courses**

|  |  |
| --- | --- |
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| Managing & Thriving in GP | 24/04/19 |
| Psychiatry Programme (drop in to any session sign up via Portal) | 06/09, 27/09, 25/10, 15/11, 06/12, 17/01 |
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| Clinical Day – Paediatrics (Managing long-term and complex conditions) **ONLY IF NO PAEDS IN YOUR ROTATION** | 16/01/19 |
| Clinical Day – Obs + Gynae | 13/11/17 |
| Advanced Ethics | 02/05/19 |
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**AIMS AND OBJECTIVES FOR ST3 SMALL GROUP FACILITATED SESSIONS 2018/19 (8)**

**COMMUNICATION AND CONSULTATION SKILLS – overarching theme**

**Aim**: To develop excellent life-long consultation skills relevant to General Practice.

**Objectives:**

* To encourage the flexible use of a variety of consultation models.
* Use role play to help develop consulting skills for use in CSA and beyond.
* To increase Registrars confidence in managing challenging consultations.

**SESSION 1: COMPLEXITY AND RISK**

**Aim:** Recognise that complexity and risk are inevitable in general practice and need to be managed.

**Objectives:**

* Discuss the context of managing uncertainty and risk in primary versus secondary care
* Understand how we make complex decisions
* Discuss the affective component of managing risk

**SESSION 2: PATIENT SAFETY AND SEA’S**

**Aim:** Develop an understanding of the importance of patient safety and the role SEA’s have in enhancing this.

**Objectives:**

* Discuss the tension between balancing risk and maintaining patient safety
* Recognise the importance of humility when discussing SEA’s
* Analyse how the safety climate survey supports patient safety

**SESSION 3: OUR PROBLEM CASES**

**Aim:** Develop an understanding of the benefits of case discussion analysis in small groups.

**Objectives:**

* Understand the value of random case analysis in uncovering unknowns
* Discuss using perceptual positions to enhance problem case analysis

**SESSION 4: MEDICAL HUMANITIES**

**Aim:** To develop an understanding of how engagement with humanities can help us better understand ourselves and our patients.

**Objectives:**

* Use the arts as a tool to develop self-understanding and understanding our patients.

**SESSION 5: BEING A GOOD ENOUGH GP**

**Aim:** Recognise that being a good enough GP is a very worthwhile goal.

**Objectives:**

* Analyse what makes a good enough GP
* Develop qualities to help enable a balance between personal and professional needs
* Discuss how resisting perfectionism helps us stay in the game

**SESSION 6: WORKING IN A TEAM**

**Aim:** To understand the value of team work in primary care

**Objectives:**

* Discuss who the team is and the evolving nature of teams in primary care
* Analyse the pro’s and con’s of working in a team
* Evaluate the leadership role of the GP within the team

**SESSION 7: HOT TOPICS**

**Aim:** Using medical literature to develop our understanding of hot topics in general practice.

**Objectives:**

* Use medical literature to facilitate our understanding of the wide range of current issues, clinical and political, in general practice
* Raise awareness of the importance of engaging with medical literature to help us maintain our knowledge and skills

**SESSION 8: PROFESSIONALISM**

**Aim:** Develop an understanding of the professional behaviour required to be a good enough GP

**Objectives:**

* Re-visit medical ethics
* Discuss ways of maintaining fitness to practice when things get challenging
* Discuss what being a doctor means to you

**PBSGL & SELF-DIRECTED SESSIONS (12)**

**Aim:**

* To utilise Scottish PBSGL modules, guided by a peer PBSGL facilitator.
* To provide an arena for peer bench-marking, peer support and clinically focussed trainee led learning, linking in with facilitated session content
* To provide an arena in which trainees can undertake CSA small group practice, role play.