**SOUTH EAST SCOTLAND COURSE DESCRIPTOR FOR ST1 GP TRAINEES (in GP placements)**

**This is a review of all courses available to ST1 GP trainees in SE Scotland who are in a GP placement. Apart from the local teaching, no course is mandatory, you choose which you would like to attend.**

**You have been sent a separate timetable document summarising the relevant date, timing and logistics of each.**

This document provides a bit more information regarding certain courses so you can better decide which you are interested in registering for. More information about specific courses can also be found on the TURAS learn booking website (below)

We are now offering some courses are face to face (FTF) and some remain virtual (over MS Teams). **Please ensure you make note of this when registering for any courses.**

**All courses must be booked through TURAS LEARN – link below (except the mandatory local teaching sessions for ST1/3 trainees in general practice placements).**

[https://learn.nes.nhs.scot/65989](https://eur01.safelinks.protection.outlook.com/?url=https%3A%2F%2Flearn.nes.nhs.scot%2F65989&data=05%7C01%7CNicola.Curry%40nhs.scot%7Ccf677204170b40e9159408db73ceddf2%7C10efe0bda0304bca809cb5e6745e499a%7C0%7C0%7C638231104540954481%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=qfaLDjFsjz2W%2BjGAe8aTgQ4YfMvdsWU8G8ak4LGmfEI%3D&reserved=0)

**ST1 LOCAL TEACHING - mandatory:**

* Mix of facilitated and PBSGL (trainee led) sessions to support your learning whilst on GP placement. Separate timetable has been circulated along with small group allocations – do not require TURAS registration
* **Note additional sessions** (highly advisable but not mandatory) **– please register for all these on TURAS LEARN:**
* ‘The Knowledge network - Accessing and appraising evidence for use in clinical practice’ (virtual session)
* ‘Addictions psychiatry teaching’ (FTF session)
* ‘Pharmacy for ST1’s - the nuts and bolts for primary care’ (FTF session)
* ‘GPST1 ethics’ (FTF session)
* ‘A practical approach to Scottish cancer referral guidelines’ (FTF session)

**REGIONAL TEACHING (advisable if meeting a learning need):**

**OBSTETRICS, GYNAECOLOGY & WOMEN’S HEALTH UPDATES**

* Would recommend these not be attended if you have a 6 month hospital posting in O&G/sexual health as likely to be repetition depending on prior clinical experience.
* 3 x half day courses, all different content and trainees can register for any or all of these as able.

**PAEDIATRICS UPDATES (various topics)**

* Depending on the title/content of the course (there is a series all of which have different content), would recommend these not be attended if you have a 6 month hospital posting in paediatrics and the course is likely to represent repetition. If you would like further detail on any course content please email the GP unit about the specific course you would like more info about.
* A series of half day courses, all different content and trainees can register for any or all of these as able.

**PSYCHIATRY UPDATES**

Depending on the title/content of the course (there is a series all of which have different content), would recommend these not be attended if you have a 6 month hospital posting in psychiatry and the course is likely to represent repetition. If you would like further detail on any course content please email the GP unit about the specific course you would like more info about.

**Psychiatry topics (half day/topic):**

* Psychosis and the Mental Health Act
* Old age psychiatry
* Diagnosis and management of anxiety and depression: a practical approach for primary care
* Personality disorders: a practical approach for primary care
* Perinatal Mental Health
* (Addictions psychiatry teaching for ST1 trainees in GP placements as above)

**ADVERSE CHILDHOOD EXPERIENCES**

**PRACTICING LIFESTYLE MEDICINE**

**SUSTAINABILITY – GPST VIRTUAL UPDATE**

**CULTURAL COMPETENCY**

**THE ARMED FORCES AND VETERAN COMMUNITY – an introduction to management in primary care**

**DERMATOLOGY UPDATE**

**NATIONALLY DELIVERED COURSES**

Please note there are some nationally delivered courses. You will be notified centrally about these when dates are arranged.

Please do read all emails from the GP unit and GP training contacts as these often contain important information about national courses which will benefit your learning as a trainee.

If you require any further information regarding courses, please email the GP unit initially and they will forward your enquiry on appropriately.

[GP.Unit@nes.scot.nhs.uk](mailto:GP.Unit@nes.scot.nhs.uk)

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