



ST1 Trainees in GP posts – East Region Teaching Programme – February 24 to August 24


IMPORTANT: Trainees should book onto teaching sessions via the Turas Learn website <https://learn.nes.nhs.scot>


Week	Date & Time	Learning Activity	Facilitators	Venue
1				
2	Tues 20/2/24 9.30 – 12.30	Facilitated small group session 1	Group dependent	Group dependent
3				
4	Tues 5/3/24 9.30 – 12.30	Facilitated small group session 2	Group dependent	Group dependent
5	Tues 12/3/24 9.30 – 12.30	PBSGL 1	Trainees	Microsoft Teams
6				
7	Tues 26/3/24 9.30 – 12.30	Facilitated small group session 3	Group dependent	Group dependent
8	Tues 2/4/24 9.30 – 12.30	PBSGL 2	Trainees	Microsoft Teams
9				
10	Tues 16/4/24 9.30 – 12.30	Facilitated small group session 4	Group dependent	Group dependent
11	Tues 23/4/24 9.30 – 12.30	PBSGL 3	Trainees	Microsoft Teams

 = Mandatory Learning activities

 = Advisable learning activities

Week	Date & Time	Learning Activity	Facilitators	Venue
12	Tues 30/4/24 9.30 – 12.30	Facilitated small group session 5	Group dependent	Group dependent
	Wed 1/5/24 9.00 – 13.00	The Knowledge Network: Accessing and appraising evidence for use in clinical practice	Eleanor Lochrie and Donna Watson	Microsoft Teams
13	Tues 7/5/24 9.30 -12.30	PBSGL 4	Trainees	Microsoft Teams
14	Tues 14/5/24 9.30 – 12.30	Facilitated small group session 6	Group dependent	Group dependent
15				
16	Thurs 30/5/24 9.30 – 12.30	Ethics	Dr Nikki Curry, Dr Alan Johnstone	Microsoft Teams
	Thurs 30/5/24 14.00 – 16.00	Sustainability Virtual Update, open to all East trainees	Dr Ciara Drummond	Microsoft Teams
17	Tues 4/6/24 9.30 – 12.30	Facilitated small group session 7	Group dependent	Group dependent
18	Tues 11/6/24 9.30 – 12.30	PBSGL 5	Trainees	Microsoft Teams
19	Tues 18/6/24 9.30 – 12.30	Facilitated small group session 8	Group dependent	Group dependent
20	Tues 25/6/24 9.00 – 12.30	Cultural competency (open to all East trainees)	Dr Nikki Curry, Dr Annabel Shepherd	Microsoft Teams
21	Tues 2/7/24 9.30 – 12.30	PBSGL 6	Trainees	Microsoft Teams
22	Onwards	No further scheduled teaching		

 = Mandatory Learning activities

 = Advisable learning activities

MANDATORY LEARNING ACTIVITIES

These activities should be attended by all trainees.

Facilitated small group sessions (local teaching)

These in-person small group sessions are facilitated by GP's and cover the RCGP capability areas.

For these sessions, trainees in the East of Scotland region are divided into two groups according to their training practice location. There is an 'Eastward' group, and a 'Westward' group.

The Eastward group will meet at Ninewells Hospital in the NHS Education for Scotland offices. The location of the Westward group meeting is detailed on the separate schedule that will be sent to trainees.

Practice Based Small Group Learning (PBSGL)

Trainees will meet up with PBSGL groups in the same Eastward and Westward groups that they attend with their facilitators.

During these sessions, trainees will discuss PBSGL modules. Trainee facilitators will need to access facilitator training via the PBSGL team.

PBSGL sessions will be over Microsoft Teams, unless trainees prefer to meet in person and are able to arrange a suitable venue to do so.

Advised time 2-3 hours with a designated break. More information about PBSGL is available at: <https://www.cpdconnect.nhs.scot/pbsgl/>

ADVISABLE LEARNING ACTIVITIES

Attendance at these sessions is advisable. Trainees should discuss with their Educational Supervisor regarding which sessions they plan to attend.

The Knowledge Network Session

This session aims to help develop skills in accessing and appraising evidence for use in clinical practice. This session is a useful introduction to skills that will be assessed as part of the Applied Knowledge Test

Ethics Session

An opportunity to learn about the principles of Ethics and how these apply to General Practice

Sustainability Virtual update

This teaching session will outline the links between climate change, human health and healthcare provision. This is open to all East trainees and numbers are limited.

Cultural Competency Session

This session provides an introduction to the concept of cultural competency and its relevance to General Practice. This is open to all East trainees and numbers are limited.

Additional Learning Activities

There are a range of additional learning activities available out with the regional teaching programme. Further details of the available resources can be found at: <http://bit.ly/EastGP>