**GP-SIPS v GP Retainer – What is best for me?**

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|  | **GP-SIPS** | **GP Retainer** |
| I want a post that will provide me with a restricted workload in a supportive environment for a limited period  |  **3 years max** | **5 years max** |
| I have caring responsibilities for spouse/ partner/ relatives /children  | **(may be variable period)** |  |
| I have caring responsibilities for spouse/ partner/ relatives /children  | **(unless preretirement)** |  |
| I am thinking of retiring earlier than planned due to my current GP post and looking for an alternative post for the last few years of my career  |  | **X** |
| I am looking for educational support while working a limited commitment  | **2 hrs/month** | **1hr/month** |
| I wish to work shorter sessions (3.5 hrs)  |  **X** |  |
| I wish to work standard sessions (4hrs 10 mins)  |  | **X** |
| I wish to work up to 6 sessions per week in a GP post  |  | **X** |
| I wish to work no more than 4 sessions a week in GP  |  |  |
| I wish to do a mix of clinical and non GMS eg OOH ,teaching | * **Max 2 non GMS**
 | * **Max 2 non GMS**
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| I wish to have maternity leave provision included in the scheme  |  |  |
| I am currently not on the Performer’s List  | **X** | **X** |
| I am under GMC restrictions  | **X** | **X** |
| I have long term health problems which make it difficult to work for prolonged periods of time  | **X** | **X** |
| I have Performance issues  | **X** | **X** |
| I have had a period off with ill health, am on the Performers list and wish a phased return to work  | * **Limited to 1 year**
 | * **Limited to 1 year**
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| I need financial support for my professional fees  |  **£1,500p.a.** | **£300 p.a.** |
| I may not wish to use up the entire scheme time at one go and dip in and out of scheme  | **X** |  |
| I want to maintain a non- GMS post of 2 sessions or less per week while on the scheme  |  |  |
| I have already had 5 years on the Retainer scheme but require a protected post again  | **(must be >10 years since retainer)** | **X** |